

CONDIMENTS

Code	Description	Case Count	MEAL CONTRIBUTION				Storage Instructions
			Quinces Meat / Meat Alt.	Bread / Grain Equiv.	Cup Fruit / Veg		
808	BBQ Sauce Packet	200	-	-	-	Dry Storage.	
836	Fat Free Ranch Dressing	200	-	-	-	Dry Storage.	
837	Fat Free Mayonaise	200	-	-	-	Dry Storage.	
845	Honey	200	-	-	-	Dry Storage.	
851	Sweet Relish	200	-	-	-	Dry Storage.	
860A	Mustard Packet	200	-	-	-	Dry Storage.	
863B	Margarine - Trans Fat Free	1000	-	-	-	Dry Storage.	
864	Sweet & Sour Sauce	200	-	-	-	Dry Storage.	
865	Mayonaise Packet	200	-	-	-	Dry Storage.	
866	Tartar Sauce Packet	200	-	-	-	Dry Storage.	
867	Soy Sauce	500	-	-	-	Dry Storage.	
868	Ketchup Packet	1000	-	-	-	Dry Storage.	
870	Syrup Packet	100	-	-	-	Dry Storage.	
873	French Dressing Packet	200	-	-	-	Dry Storage.	
874	Taco Sauce Packet	200	-	-	-	Dry Storage.	
875	Salsa	200	-	-	-	Dry Storage.	
876	Italian Dressing	200	-	-	-	Dry Storage.	
877	Thousand Island Dressing	200	-	-	-	Dry Storage.	
880	Assorted Jelly	200	-	-	-	Dry Storage.	
835	Fat Free Italian Dressing	200	-	-	-	Dry Storage.	
871	Fat Free French Dressing	200	-	-	-	Dry Storage.	
964	Ranch Dressing Packet	200	-	-	-	Dry Storage.	

All items subject to availability.

2009-2010

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

808

NUTRIENT INFORMATION PER SERVING

Item Name	BBQ Sauce		CALORIES	15.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	4.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.43 (oz) 12.19 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	0.0 (GM)
Weight Per Serving:	0.43 (oz) 12.19 (g)		PolyFat	0.0 (GM)
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Consists of .43 ounces of bbq sauce		CHOLESTEROL	0.0 (MG)
			VITAMIN A	0.0 (RE)
			VITAMIN C	0.0 (MG)
			THIAMIN	
Meal Contributions:	0.00	oz.meat/meat alternative	RIBOFLAVIN	
	0.00	grain/bread equivalent	NIACIN	
	0.00	cup fruit/vegetable	CALCIUM	0.0 (MG)
Preparation Instructions:	Store in a cool place to extend shelf life		IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		SODIUM	85.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement:

Water, high fructose corn syrup, tomato paste, distilled vinegar, corn syrup, salt, molasses, modified food starch, natural flavor, garlic powder, onion powder, spices, potassium sorbate and sodium benzoate added as preservatives.

Reviewed by:

Julia Walk *ADLON*

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

836

NUTRIENT INFORMATION PER SERVING

Item Name	Fat Free Ranch Dressing		CALORIES	10.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	2.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.43 (oz) 12.19 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	0.0 (GM)
Weight Per Serving:	0.43 (oz) 12.19 (g)		PolyFat	0.0 (GM)
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Consists of .43 ounces of ranch dressing		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in a cool dry place to extend shelf life		RIBOFLAVIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		NIACIN	
			CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	125.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement:

Water, High Fructose Corn Syrup, Distilled Vinegar, Cultured Non Fat Buttermilk, Modified Food Starch, Salt, Cellulose Gel & Cellulose Gum, Maltodextrin, Natural Flavor, Garlic Powder, Propylene Glycol Alginate, Titanium Dioxide added for color, Skim Milk, Sodium Benzoate and Potassium Sorbate as Preservatives, Spices, Citric Acid, Phosphoric Acid, Onion Powder, Xanthan Gum, Extractives of Turmeric

Reviewed by:

Julie Walker *ADL/DW*

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

837

NUTRIENT INFORMATION PER SERVING

Item Name	Fat Free Mayonnaise		CALORIES	5.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:	0		CARBOHYDRATES	1.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.43 (oz) 12.19 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.43 (oz) 12.19 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.43oz of Mayonnaise		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
		cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in a cool place to extend shelf life		RIBOFLAVIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		NIACIN	
			CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	130.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

**Ingredient
Statement:**

Water, Distilled Vinegar, Modified Food Starch, Microcrystalline Cellulose, Salt, Sugar, Egg Yolks, Natural Flavor, Xanthan Gum, Guar Gum, Carboxymethylcellulose, Mustard Flour, Potassium Sorbate and Sodium Benzoate as Preservatives, Whey Protein Concentrate, Onion Powder, Titanium Dioxide, Carrageenan, Phosphoric Acid, Dextrose, Lecithin Powder, Calcium Disodium EDTA to Protect Flavor.

Reviewed by: Justin Wilson RD, LDN

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

845

NUTRIENT INFORMATION PER SERVING

Item Name	Honey		CALORIES	25.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	7.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.32 (oz) 9.07 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.32 (oz) 9.07 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.32oz serving of Honey		CHOLESTEROL	0.0 (MG)
			VITAMIN A	0.0 (RE)
			VITAMIN C	0.0 (MG)
			THIAMIN	
Meal Contributions:	0.00	oz.meat/meat alternative	RIBOFLAVIN	
	0.00	grain/bread equivalent	NIACIN	
	0.00	cup fruit/vegetable	CALCIUM	0.0 (MG)
Preparation Instructions:	Store in cool place to extend shelf life		IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		SODIUM	0.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement: U.S. Grade A Honey

Reviewed by:

Justin Wilson - A.D.L.D.V.

Thursday, April 16, 2009 4:28:08PM

Product Specification Sheet

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Preferred Meal Systems, Inc.

Product Specification Sheet



Item

851

NUTRIENT INFORMATION PER SERVING

Item Name	Relish		CALORIES	10.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	2.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.32 (oz) 9.07 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.32 (oz) 9.07 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.32oz serving of Relish		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in cool place to extend shelf life		RIBOFLAVIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		NIACIN	
			CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	55.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement:

Pickles (Cucumbers, water, salt, vinegar), high fructose corn syrup, cabbage, corn syrup, distilled vinegar, salt, dextrose, natural flavoring, sodium benzoate and potassium sorbate as preservatives, xanthan gum, alum, locust bean and guar gums, dehydrated red bell peppers, turmeric oleoresin, FD & C yellow No. 5 & Blue No. 1, Polysorbate 80.

Reviewed by:

John Waldman

Thursday, April 16, 2009 4:28:50PM

Product Specification Sheet

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Preferred Meal Systems, Inc.
Product Specification Sheet



Item

860a

NUTRIENT INFORMATION PER SERVING

Item Name	Mustard		CALORIES	5.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	0.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.16 (oz) 4.51 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:			MonoFat	0.0 (GM)
Weight Per Serving:	0.16 (oz) 4.51 (g)		PolyFat	0.0 (GM)
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.159oz serving of Mustard		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
		cup fruit/vegetable	THIAMIN	0.0 (MG)
Preparation Instructions:	Store in cool place to extend shelf life		RIBOFLAVIN	0.0 (MG)
Source of Nutritional Information:			NIACIN	0.0 (MG)
			CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	0.0 (MG)
			PHOSPHORUS	0.0 (MG)
			SODIUM	40.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statements

DISTILLED VINEGAR, WATER, MUSTARD SEED, MUSTARD BRAN, SALT, TURMERIC, PAPRIKA, GARLIC POWDER, SPICES, EXTRACTIVES OF PAPRIKA, MUSTARD OIL.

Reviewed by: John Waldman R.D./D.N.

Wednesday, May 6, 2009 8:52:44AM

Product Specification Sheet

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Preferred Meal Systems, Inc.
Product Specification Sheet



Item **863b**

NUTRIENT INFORMATION PER SERVING

Item Name	Margarine	CALORIES	60.0 (KCAL)
		PROTEIN	0.0 (GM)
		CARBOHYDRATES	0.0 (GM)
		TOTAL FAT	7.0 (GM)
		SATURATED FAT	1.0 (GM)
Brand:	Preferred Meal Systems, Inc.	MonoFat	
CN Number:		PolyFat	
Basis for Data Submitted:	As Served	% Calories from Fat	105.0 (%)
Package Size:	0.49 (oz) 14.00 (g)	CHOLESTEROL	0.0 (MG)
Servings Per Package:	1	VITAMIN A	100.0 (RE)
Weight Per Serving:	0.49 (oz) 14.00 (g)	VITAMIN C	0.0 (MG)
Nutrients based on:	1 Serving	THIAMIN	
Product Composition:	Contains one 0.4938 oz serving of Margarine	RIBOFLAVIN	
Meal Contributions:	0.00 oz.meat/meat alternative	NIACIN	
	0.00 grain/bread equivalent	CALCIUM	0.0 (MG)
	cup fruit/vegetable	IRON	0.0 (MG)
Preparation Instructions:	Keep Refrigerated	POTASSIUM	
		PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database	SODIUM	105.0 (MG)
		Fiber	0.0 (GM)

No Value-Indicates no information available

COMPOSITION: Water, soybean oil, partially hydrogenated soybean oil, salt, vegetable monoglycerides, soy lecithin, potassium sorbate and calcium disodium EDTA used to protect quality, artificial flavor, lactic acid, beta carotene (color), Vitamin A palmitate added.

Allergen Statement: Contains soy.

This product is gluten and trans fat free and has no cholesterol.

Reviewed by: _____

[Handwritten Signature]

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

864

NUTRIENT INFORMATION PER SERVING

Item Name	Sweet & Sour Sauce	CALORIES	20.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.	PROTEIN	0.0 (GM)
CN Number:		CARBOHYDRATES	5.0 (GM)
Basis for Data Submitted:	As Served	TOTAL FAT	0.0 (GM)
Package Size:	0.43 (oz) 12.19 (g)	SATURATED FAT	0.0 (GM)
Servings Per Package:	1	MonoFat	0.0 (GM)
Weight Per Serving:	0.43 (oz) 12.19 (g)	PolyFat	0.0 (GM)
Nutrients based on:	1 Serving	% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.43oz serving of Sweet & Sour Sauce	CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00 oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00 grain/bread equivalent	VITAMIN C	1.2 (MG)
	cup fruit/vegetable	THIAMIN	0.0 (MG)
Preparation Instructions:	Store in cool place to extend shelf life	RIBOFLAVIN	0.0 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database	NIACIN	0.0 (MG)
		CALCIUM	0.0 (MG)
		IRON	0.0 (MG)
		POTASSIUM	0.0 (MG)
		PHOSPHORUS	0.0 (MG)
		SODIUM	35.0 (MG)
		Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement:

Corn syrup, water, apricot concentrate, distilled vinegar, high fructose corn syrup, modified food starch, peach puree, worcestershire sauce (distilled vinegar, molasses, corn syrup, water, salt, caramel color, garlic, sugar, spices, tamarind, natural flavor and sulfiting agents), natural flavors, spices, potassium sorbate and sodium benzoate added as preservatives, caramel color, hydrolyzed corn and soy protein, onion powder, citric acid, garlic powder.

Reviewed by:

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

865

NUTRIENT INFORMATION PER SERVING

Item Name	Mayonnaise	CALORIES	70.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.	PROTEIN	0.0 (GM)
CN Number:	0	CARBOHYDRATES	0.0 (GM)
Basis for Data Submitted:	As Served	TOTAL FAT	7.0 (GM)
Package Size:	0.32 (oz) 9.07 (g)	SATURATED FAT	1.0 (GM)
Servings Per Package:	1	MonoFat	
Weight Per Serving:	0.32 (oz) 9.07 (g)	PolyFat	
Nutrients based on:	1 Serving	% Calories from Fat	90.0 (%)
Product Composition:	Contains one 0.32oz serving of Mayonnaise	CHOLESTEROL	5.0 (MG)
Meal Contributions:	0.00 oz.meat/meat alternative	VITAMIN A	
	0.00 grain/bread equivalent	VITAMIN C	
	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in cool place to extend shelf life	RIBOFLAVIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database	NIACIN	
		CALCIUM	
		IRON	
		POTASSIUM	
		PHOSPHORUS	
		SODIUM	45.0 (MG)
		Fiber	0.0 (GM)

No Value-Indicates no information available

INGREDIENT STATEMENT

Soybean Oil, Corn Syrup, Water, Egg Yolks, Distilled Vinegar, Salt, Spice, Calcium Disodium EDTA added to protect flavor.

CONTAINS: EGG

Reviewed by: *Justin Walden*

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

866

NUTRIENT INFORMATION PER SERVING

Item Name	Tartar Sauce		CALORIES	25.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	1.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	2.5 (GM)
Package Size:	0.32 (oz) 9.07 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.32 (oz) 9.07 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	90.0 (%)
Product Composition:	Contains one 0.32oz serving of Tartar Sauce		CHOLESTEROL	5.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Dry Storage		RIBOFLAVIN	
			NIACIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	85.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement:

Soybean Oil, Pickle Relish (cucumbers, distilled vinegar, salt, xanthan gum, natural flavor, water, sodium benzoate as preservative), Water, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Egg Yolk, Modified Corn Starch, Salt, Spice, Xanthan Gum, Sodium Benzoate as Preservative, Natural Flavors, Dehydrated Onion, Calcium Disodium EDTA to Protect Flavor

Reviewed by: Julie Waldman RALW

Preferred Meal Systems, Inc.
Product Specification Sheet



Item

867

NUTRIENT INFORMATION PER SERVING

Item Name	Soy Sauce		CALORIES	0.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	0.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.32 (oz) 9.07 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.32 (oz) 9.07 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.32oz serving of Soy Sauce		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
		cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Dry Storage		RIBOFLAVIN	
			NIACIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	440.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

INGREDIENTS: WATER, SALT, HYDROLYZED SOY AND WHEAT PROTEINS, CONTAINS LESS THAN 2% OF CARAMEL COLOR, GUAR GUM, POTASSIUM SORBATE (A PRESERVATIVE), CITRIC ACID. CONTAINS: SOYBEAN, WHEAT

Reviewed by: *Julia Woodman RD, LNW*

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

868

NUTRIENT INFORMATION PER SERVING

Item Name	Ketchup		CALORIES	10.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	3.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.32 (oz) 9.00 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	0.0 (GM)
Weight Per Serving:	0.32 (oz) 9.00 (g)		PolyFat	0.0 (GM)
Nutrients based on:	1 serving		% Calories from Fat	0.0 (%)
Product Composition:	Consists of one .32 oz serving of Ketchup		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store at room temperature.		RIBOFLAVIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		NIACIN	
			CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	100.0 (MG)
			Fiber	

No Value-Indicates no information available

Ingredient Statement: Tomato concentrate (tomato paste, water), corn syrup, distilled vinegar, high fructose corn syrup, salt, natural flavors.

Reviewed by: Julie Walden KALDW

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

870

NUTRIENT INFORMATION PER SERVING

Item Name	Syrup		CALORIES	80.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	21.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	1.00 (oz) 28.35 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	0.0 (GM)
Weight Per Serving:	1.00 (oz) 28.35 (g)		PolyFat	0.0 (GM)
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 1oz serving of Syrup		CHOLESTEROL	0.0 (MG)
			VITAMIN A	0.0 (RE)
			VITAMIN C	0.0 (MG)
			THIAMIN	
Meal Contributions:	0.00	oz.meat/meat alternative	RIBOFLAVIN	
	0.00	grain/bread equivalent	NIACIN	
	0.00	cup fruit/vegetable	CALCIUM	0.0 (MG)
Preparation Instructions:	Store in cool place to extend shelf life		IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		SODIUM	20.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement:

CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, NATURAL AND ARTIFICIAL MAPLE FLAVOR, POTASSIUM SORBATE AS PRESERVATIVE, CARAMEL COLOR, CITRIC ACID.

Reviewed by:

Julia Walden *ADLON*

Thursday, April 16, 2009 4:35:15PM

Product Specification Sheet

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Preferred Meal Systems, Inc.
Product Specification Sheet



Item **873**

NUTRIENT INFORMATION PER SERVING

Item Name	French Dressing		CALORIES	55.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	3.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	5.0 (GM)
Package Size:	0.45 (oz) 12.76 (g)		SATURATED FAT	0.8 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.45 (oz) 12.76 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	81.8 (%)
Product Composition:	1- 0.45oz serving of french dressing		CHOLESTEROL	0.0 (MG)
			VITAMIN A	20.0 (RE)
			VITAMIN C	0.0 (MG)
			THIAMIN	
Meal Contributions:	0.00	oz.meat/meat alternative	RIBOFLAVIN	
	0.00	grain/bread equivalent	NIACIN	
		cup fruit/vegetable	CALCIUM	0.0 (MG)
Preparation Instructions:	Dry storage		IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		SODIUM	180.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

**INGREDIENTS: SOY BEAN OIL, VINEGAR, SUGAR, TOMATO PASTE
 SALT, ONION POWDER, NATURAL FLAVORING, SPICE
 XANTHAN GUM, GARLIC POWDER, PAPRIKA
 POTASSIUM SORBATE, CALCIUM DISODIUM.**

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

874

NUTRIENT INFORMATION PER SERVING

Item Name	Taco Sauce		CALORIES	5.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	1.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.32 (oz) 9.07 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	0.0 (GM)
Weight Per Serving:	0.32 (oz) 9.07 (g)		PolyFat	0.0 (GM)
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.32oz serving of Taco Sauce		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in cool place to extend shelf life		RIBOFLAVIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		NIACIN	
			CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	95.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement: Water, Tomato Paste, Distilled Vinegar, Corn Syrup, Modified Food Starch, Salt, Spices including Paprika, Citric Acid, Potassium Sorbate and Sodium Benzoate as Preservatives

Reviewed by: *Julie Wood*

Preferred Meal Systems, Inc.

Product Specification Sheet



Item **875**

NUTRIENT INFORMATION PER SERVING

Item Name	Salsa		CALORIES	5.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	1.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.50 (oz) 14.18 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	0.0 (GM)
Weight Per Serving:	0.50 (oz) 14.18 (g)		PolyFat	0.0 (GM)
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.5oz serving of Salsa		CHOLESTEROL	0.0 (MG)
			VITAMIN A	0.0 (RE)
			VITAMIN C	0.0 (MG)
			THIAMIN	
Meal Contributions:	0.00	oz.meat/meat alternative	RIBOFLAVIN	
	0.00	grain/bread equivalent	NIACIN	
	0.00	cup fruit/vegetable	CALCIUM	0.0 (MG)
Preparation Instructions:	Store in cool place to extend shelf life		IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		SODIUM	120.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement: Water, Diced Tomatoes, Tomato Paste, Distilled Vinegar, Salt, Dehydrated Onions, Dehydrated Jalapeno Peppers, Dehydrated Garlic, Xanthan Gum, Citric Acid, Sodium Benzoate and Potassium Sorbate as Preservatives, Spices

Reviewed by:

John Wald AD, LDN

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

876

NUTRIENT INFORMATION PER SERVING

Item Name	Italian Dressing		CALORIES	35.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	3.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	3.0 (GM)
Package Size:	0.43 (oz)	12.19 (g)	SATURATED FAT	1.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.43 (oz)	12.19 (g)	PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	77.1 (%)
Product Composition:	Contains one 0.43oz serving of Italian Dressing		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	20.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Dry storage		RIBOFLAVIN	
			NIACIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	140.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

INGREDIENTS: VINEGAR, CORN SWEETENER, SOY BEAN OIL, SALT, XANTHAN GUM, SPICE, POTASSIUM SORBATE.

Reviewed by:

Justin Wood RD, LDN

Thursday, April 16, 2009 4:38:26PM

Product Specification Sheet

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Preferred Meal Systems, Inc.

Product Specification Sheet



Item

877

NUTRIENT INFORMATION PER SERVING

Item Name	Thousand Island Dressing		CALORIES	35.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	2.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	2.5 (GM)
Package Size:	0.43 (oz) 12.19 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.43 (oz) 12.19 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	64.3 (%)
Product Composition:	Contains one 0.43oz serving of Thousand Island dressing		CHOLESTEROL	5.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in cool place to extend shelf life		RIBOFLAVIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		NIACIN	
			CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	105.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement:

Water, Soybean Oil, High Fructose Corn Syrup, Distilled Vinegar, Pickle Relish (cucumbers, corn syrup, distilled vinegar, salt, xanthan gum, sodium benzoate as preservative, alum, peppers, spices, natural flavors, calcium chloride, polysorbate 80), Corn Syrup, Modified Food Starch, Egg Yolk, Salt, Tomato Paste Solids, Dehydrated Onion, Spices, Sodium Benzoate and Potassium Sorbate as Preservatives, Extractives of Paprika and Calcium Disodium EDTA to Protect Flavor.

Reviewed by:

John Walden *AA, LDN*

Thursday, April 16, 2009 4:39:03PM

Product Specification Sheet

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

880

NUTRIENT INFORMATION PER SERVING

Item Name	Assorted Jelly		CALORIES	35.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	9.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.50 (oz) 14.20 (g)		SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.50 (oz) 14.20 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.501oz serving of Assorted Jelly		CHOLESTEROL	
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	
	0.00	grain/bread equivalent	VITAMIN C	
		cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Dry Storage		RIBOFLAVIN	
			NIACIN	
			CALCIUM	
			IRON	
			POTASSIUM	
			PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		SODIUM	0.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

VI. INGREDIENT STATEMENT

Grape Jelly – Grape Juice, Corn Syrup, High Fructose Corn Syrup, Pectin, Citric Acid and Potassium Sorbate

Apple Jelly – Apple Juice, Corn Syrup, High Fructose Corn Syrup, Pectin, Citric Acid and Potassium Sorbate

Mixed Fruit Jelly – Corn Syrup, High Fructose Corn Syrup, Grape Juice, Apple Juice, Pectin, Citric Acid and Potassium Sorbate

Reviewed by:

Julie Wolden RDH, DV

Thursday, May 7, 2009 9:07:19AM

Product Specification Sheet

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Preferred Meal Systems, Inc.
Product Specification Sheet



Item

835

NUTRIENT INFORMATION PER SERVING

Item Name	Fat Free Italian Dressing		CALORIES	5.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	1.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	0.0 (GM)
Package Size:	0.43 (oz)	12.19 (g)	SATURATED FAT	0.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.43 (oz)	12.19 (g)	PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.43oz of Italian Dressing		CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in cool place to extend shelf life		RIBOFLAVIN	
			NIACIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	90.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement: WATER, DISTILLED VINEGAR, CORN SYRUP, SALT, SUGAR, XANTHAN GUM, DEHYDRATED GARLIC, PROPYLENE GLYCOL ALGINATE, DEHYDRATED ONION, DEHYDRATED GREEN AND RED BELL PEPPERS, POTASSIUM BENZOATE AND POTASSIUM SORBATE ADDED AS PRESERVATIVES, SPICES, EXTRACTIVES OF TURMERIC AND ANNATTO.

Reviewed by: *Julian Wilton R.D., L.D.N.*

Preferred Meal Systems, Inc.
Product Specification Sheet



Item

871

NUTRIENT INFORMATION PER SERVING

Item Name	Fat Free French Dressing	CALORIES	5.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.	PROTEIN	0.0 (GM)
CN Number:		CARBOHYDRATES	1.0 (GM)
Basis for Data Submitted:	As Served	TOTAL FAT	0.0 (GM)
Package Size:	0.43 (oz) 12.19 (g)	SATURATED FAT	0.0 (GM)
Servings Per Package:	1	MonoFat	0.0 (GM)
Weight Per Serving:	0.43 (oz) 12.19 (g)	PolyFat	0.0 (GM)
Nutrients based on:	1 Serving	% Calories from Fat	0.0 (%)
Product Composition:	Contains one 0.43oz serving of Fat Free French Dressing	CHOLESTEROL	0.0 (MG)
Meal Contributions:	0.00 oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00 grain/bread equivalent	VITAMIN C	0.0 (MG)
	cup fruit/vegetable	THIAMIN	0.0 (MG)
Preparation Instructions:	Store in dry storage.	RIBOFLAVIN	0.0 (MG)
		NIACIN	0.0 (MG)
		CALCIUM	0.0 (MG)
		IRON	0.0 (MG)
		POTASSIUM	
		PHOSPHORUS	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database	SODIUM	0.0 (MG)
		Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement: Water, Distilled Vinegar, High Fructose Corn Syrup, Tomato Paste, Modified Food Starch, Xanthan Gum, Spice, Onion Powder, Garlic Powder, Lemon Juice Concentrate, Potassium Chloride, Cellulose Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Extractives of Paprika and Paprika.

Reviewed by: _____

John Wilson

Preferred Meal Systems, Inc.

Product Specification Sheet



Item

964

NUTRIENT INFORMATION PER SERVING

Item Name	Ranch Dressing		CALORIES	70.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	0.0 (GM)
CN Number:			CARBOHYDRATES	1.0 (GM)
Basis for Data Submitted:	As Served		TOTAL FAT	7.0 (GM)
Package Size:	0.43 (oz) 12.19 (g)		SATURATED FAT	1.0 (GM)
Servings Per Package:	1		MonoFat	
Weight Per Serving:	0.43 (oz) 12.19 (g)		PolyFat	
Nutrients based on:	1 Serving		% Calories from Fat	90.0 (%)
Product Composition:	Contains one 0.43oz serving of Ranch Dressing		CHOLESTEROL	5.0 (MG)
Meal Contributions:	0.00	oz.meat/meat alternative	VITAMIN A	0.0 (RE)
	0.00	grain/bread equivalent	VITAMIN C	0.0 (MG)
	0.00	cup fruit/vegetable	THIAMIN	
Preparation Instructions:	Store in cool place to extend shelf life		RIBOFLAVIN	
			NIACIN	
Source of Nutritional Information:	Ingredient suppliers and/or USDA SR11 database		CALCIUM	0.0 (MG)
			IRON	0.0 (MG)
			POTASSIUM	
			PHOSPHORUS	
			SODIUM	100.0 (MG)
			Fiber	0.0 (GM)

No Value-Indicates no information available

Ingredient Statement: Soybean Oil, Water, Distilled Vinegar, Corn Syrup, Egg Yolk, Buttermilk Solids, Salt, Natural Flavoring, Garlic Powder, Monosodium Glutamate, Onion Powder, Polysorbate 60, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Spice, Lactic Acid, Calcium Disodium EDTA to Protect Flavor

Reviewed by:

Julie Walden RD, LDC

Friday, April 17, 2009 8:44:11AM

Product Specification Sheet

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