



# OAKVIEW NEWS

FEBRUARY 2023



**Ms. Theresa  
Baumann  
Principal**

**Mrs. Charissa  
Swiech  
Asst. Principal**

**Office Hours  
6:45 - 3:30**

**Phone  
Number:  
815-485-2125**

**Feb. Lunch  
Menu  
Lunch Menu**

**Office Hours  
6:45 - 3:30**

**Phone  
Number:  
815-485-2125**

**District  
Website:  
<http://www.nlsd122.org>**

**School  
Website:  
[Oster-Oakview School](http://Oster-Oakview School)**

## A NOTE FROM OUR PRINCIPAL

Hello Oster-Oakview families!

We are looking forward to a great February! The week of February 13th-17th will be our Valen-kinds week! As a school we try to be kind everyday, but it is nice to have a week dedicated to kind acts and thoughts.. Be sure to check out the flyer to see what our focus will be each day! Don't forget that the PTO is hosting the Bingo event on February 11th. There will be some Oakview t-shirts and sweatshirts in the raffle baskets from Oakview so be sure to check out the raffle too!

We did link the E-Learning schedule to this newsletter in the event we will have a snow/inclement weather day this month. Staff have reviewed the schedule with students and made sure that they know how to get on to the zoom links through Google Classroom. If your child has an issue logging on please contact :

Ms.Baumann at [tbaumann@nlsd122.org](mailto:tbaumann@nlsd122.org)  
Mrs. Swiech at [cswiech@nlsd122.org](mailto:cswiech@nlsd122.org)  
Tech help line at [tech-help@nlsd122.org](mailto:tech-help@nlsd122.org)

## E-LEARNING SCHEDULE

## FEBRUARY 2023 CALENDAR

- 11 FAMILY BINGO @ Spencer Pointe/Crossing 11am-1pm
- 13-17 "VALEN-KINDS" WEEK (see flyer)
- 14 VALENTINES DAY
- 16 PTO MEETING @ LIBERTY 9:30am
- 21 SCHOOL BOARD MEETING
- 17 NO SCHOOL - INSTITUTE DAY
- 20 NO SCHOOL - PRESIDENTS DAY
- 24 PAJAMA DAY



Oster-Oakview Calendar



## Nurse's Notes:



Here is a good sheet to refer to for students with injuries needing ice or heat. At this age, many kids want ice for various reasons, see which works best!!

# HEAT Or ICE

## What does it do?

Heat therapy opens blood vessels, which increases blood flow, relaxes muscles and helps alleviate pain.

## When to use it?

Heat is a great way to help loosen up stiff joints and tight muscles, it is also a good method of pain relief for tension headaches and other chronic conditions. Always wait 48-72 hrs after an injury before considering heat therapy. When in doubt use ice.

## Safety Tips

- Treat for no longer than 20 minutes at a time.
- Do not lie on a hot pack to avoid falling asleep and potentially burning yourself.
- Do not use heat if you have no feeling in the affected body part.
- NEVER use heat if there is **swelling** or bruising.
- Do not apply heat directly to the skin, use a thin towel.
- Do not use heat if you have poor circulation, such as if you have diabetes.
- Wait 1 hour between heat treatments.

## What does it do?

Cold therapy slows down the blood flow to an injury, which reduces swelling, inflammation and pain.

## When to use it?

Ice should be used right after an injury or after activity that aggravates a chronic condition. Ice is good for migraine headaches, bumps, sprains and strains that may occur with sports, slips & falls or lifting. Cold therapy is also beneficial for minor burns by applying cold water from the faucet. **When in doubt use ICE!**

## Safety Tips

- Treat for no longer than 20 minutes at a time.
- During treatment, check skin every 5 minutes to make sure there is no damage, such as a freeze burn (skin would become reddened or blistered, just as when burned with heat).
- Do not place ice or packs directly on the skin, use a thin towel.
- Wait 1 hour between cold treatments.

## Preschool Screenings

New Lenox School District will be screening children from ages three to five in the areas of motor, cognitive, and speech/language development. Early childhood educators will present "game like" activities to your child which assess various development skills. All preschoolers who reside in our district are eligible to attend free of charge. This is a preschool screening, **not** a kindergarten readiness screening. This year the screenings will be held at Cherry Hill Elementary and Early Childhood Center.

### 2023 Screening Dates

March 10th      May 5th

Call Cherry Hill School at  
815-462-7831 to schedule an  
appointment.

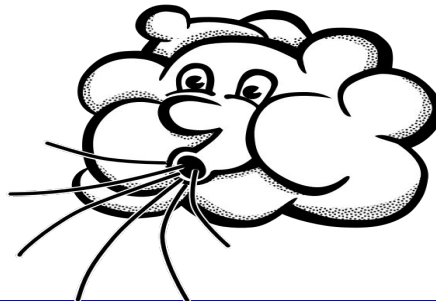
## ACES

Our district is partnering with the New Lenox Park District ACES program. This program takes place at Oakview School to provide after school care. For more information, call 815-485-3584 or click [ACES](#)

## **Outdoor Recess Guidelines**

Weather permitting, all children go out for recess. Be sure your child has all proper clothing for the outdoors. The fresh air and exercise are important for the children. We have indoor recess whenever the following happens:

- The temperature/wind chill is below 15 degrees
- The snow is extremely wet
- We are unable to clear the snow



### **BeSure Consulting**

Training for Law Enforcement,  
Schools, Parents and Children

630.461.0044

[richwistocki@besureconsulting.com](mailto:richwistocki@besureconsulting.com)  
[www.besureconsulting.com](http://www.besureconsulting.com)

Parents,

February is the month for three safety videos; The Exit Plan & 3P test (11), What evidence do I give to the Police (12), and Snapchat (13). Attached is the parent login information for Be Sure Consulting for Cyber Safe Schools. If you would like to watch the student videos with your child, please see the following login information. We will not be showing the student videos at school.

Parent login:

URL: [vimeo.com/showcase/nlsp](https://vimeo.com/showcase/nlsp)

Password: NLSP623!

Student login:

URL: [vimeo.com/showcase/nlss](https://vimeo.com/showcase/nlss)

Password: NLSS876!

## Lines from the LRC

This past month, students had so much fun participating in various STEM challenges. Fourth graders attempted to make the longest paper chain possible using only 1 piece of paper, scissors, and tape. Fifth graders tried to create the tallest tower using index cards and a small amount of tape. Sixth graders were out to the test to create structures out of playing cards that could support the weight of a dictionary! A great time was had by all!

In February we will dive into our Google Workspace. This was originally planned for January, but with our district wide testing, I thought a bit of fun was necessary for our students!

Happy Reading,

Mrs. Lasak



## PE HAPPENINGS

Hello Oster-Oakview Family and Friends,

In February, there are 2 units that we will participate in. The first unit is our DrumFit unit! DrumFIT is a cardio-based drumming program that combines physical activity with brain fitness, resulting in the most fun students can have while increasing their overall wellbeing. Students grab drumsticks, and drum away to amazing music all while incorporating brain fitness activities that are fun! Towards the end of the month, The students will be learning some line dances. The 4 line dances are dances that are very popular and played at a lot of social events and now be able to perform at those different events as they get older!

Go Eagles!  
Mr. Kman



# Notes from the Easel

Welcome again Oakview families to another short post from Mr. McDivitt's "Notes From The Easel".



4<sup>th</sup> grade is working on their sunset/ Silhouette paintings. They first learned how to paint a sunset using water colors, and now they are adding a silhouette landscape using black paper and sharpie marker.



5<sup>th</sup> graders are weaving cuffs. They are using rubber bands as the warp of the weaving so the bracelet can flex to go on and off their wrist. This can be an excellent project to do at home. Maybe you can ask them to teach you how to do one.



Finally, the 6<sup>th</sup> grade will start a stained glass influenced chalk drawing. To create the black lines, they will trace the pencil lines with glue which then dries clear. They will learn how to blend chalk to create shading and highlights.

Continue to ask your child what they are doing in art. Students are required to photograph and turn in their work digitally, so you can always ask them to show you what they have done. They will get all of their original art back at the end of the year. If there are any questions about what your child is doing in art feel free to contact through email or phone at school address, and again, thank you for your support in the arts at Oakview school.



# ValenKINDS Week

Spread the love during the week of  
February 13th-17th

## Monday

Wear your Dude, Be Kind spiritwear or the colors red/pink to kick off the week!

## Tuesday

Bring a canned food item to donate to the Food Pantry.

Drop off in the Green Screen Room

## Wednesday

Complete "A Kind Note" and give it to someone who you appreciate!

A Kind Note

## Thursday

Complete your COLOR A SMILE sheet and turn it in to the front office. Go to [colorasmile.org](http://colorasmile.org) to participate at home.

[Link](#)

## Friday

No School. Watch the following video & discuss at home: Kindness Boomerang

[Video](#)



### **Signing Out Procedures**

When coming to pick up your child during the school day, for any reason, please bring your photo ID. You will need to sign out your child on our iPad and then have your ID scanned. If you could, please call the office in advance making us aware that you are picking up your child early.

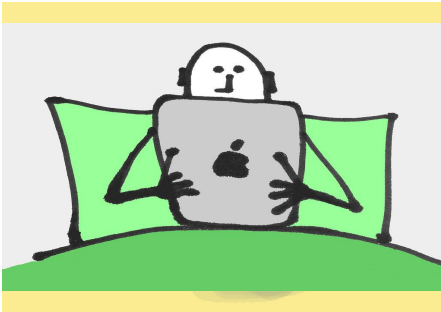


### **Dropping off Items**

When dropping off items during school hours, (lunches, backpacks, homework, iPads, etc.) please leave them on the table in the vestibule. Please make sure your child's name is on the item. We will continually check the table throughout the day.

### **Attendance**

If your child will be absent from school, you're required to call the office at (815) 485-2125 to report the absence. This is a 24 hour line, so you can call any time: Please leave message if calling after hours.



### **Technology Help**

If your student is having trouble with technology, please create a "support ticket" by going to the New Lenox School District Website (see link) and follow the steps:

- <https://www.nlsd122.org/c/index.php/departments/technology/technology-help>

	LUNCH	RECESS
GRADE 6	10:55 - 11:15	11:15 - 11:30
GRADE 5	11:35 - 11:55	11:55 - 12:10
GRADE 4	12:10 - 12:30	12:30 - 12:45





## New Lenox School District 122

102 South Cedar Road, New Lenox, Illinois 60451

Phone 815-485-2169 Fax 815-485-2236

Lori R. Motsch, Ed.D., Superintendent

### Illinois 5Essentials survey

Beginning January 24, students and teachers across Illinois will have an opportunity to participate in the eleventh annual statewide Illinois 5Essentials Survey. This survey is designed to generate a detailed picture of the inner workings of your child's school. As a parent, this opportunity will allow you to share your thoughts on the important elements of school effectiveness in a survey about your child's school.

On behalf of the Illinois State Board of Education, the Illinois 5Essentials Survey will be administered online by UChicago Impact at the University of Chicago. The survey gathers data related to five indicators that can predict important student outcomes, including improved attendance and larger test score gains. These five indicators that affect and predict school success are:

- Effective Leaders
- Collaborative Teachers
- Involved Families
- Supportive Environments
- Ambitious Instruction

Prior research in more than 400 schools has shown that schools that were strong on at least three of these "5Essentials" indicators were 10 times more likely to improve student learning gains in math and reading than those that were weak on three or more Essentials.

All teachers and 4<sup>th</sup> through 8<sup>th</sup> grade students will be responding to this survey. 5Essentials Reports will be generated for schools if their teachers and/or students meet the response rate threshold of 50 percent. These reports will be sent to schools and districts in May 2023 and will also be included in the State School Report Card.

Additionally, your district has chosen to provide the optional Parent survey supplement. If at least 20 percent of parents complete this survey, a parent supplement report will also be generated. The parent data will not be reported on the State Report Card.

Your participation in the parent portion of the survey will help us understand the conditions at your child's school and guide improvement. Your identity and survey responses will be kept completely confidential and will never be connected to you or your child.

The Illinois 5Essentials Survey for students and teachers will be conducted January 24, 2023 through March 31, 2023. The Parent Survey Supplement will be conducted during that same timeframe. To take the survey please visit <https://survey.5-essentials.org/illinois/> and select the appropriate survey to begin.

For more information about the Illinois 5Essentials Survey, or to view previous years' Reports, please visit <https://www.5-essentials.org/illinois>. If you have any questions or concerns, please contact UChicago Impact Client Services at 1-866-440-1874 or [impact-surveys@uchicago.edu](mailto:impact-surveys@uchicago.edu).



# NLSD 122 Parent Night: De-Escalation Strategies



## Effective De-Escalation Strategies to Defuse Challenging Behavior

Come join Cristin Ekhoﬀ, BCBA  
for a night focusing on:

- the escalation cycle
- emotional regulation and the brain
- safety during de-escalation
- strategies to de-escalate

**Date:** February 23rd

**Time:** 5:00 pm

**Location:**

**District Office  
102 S. Cedar Rd.**

Please [click here to RSVP](#)  
or use the QR code



# Kindergarten

## Information Night

Tuesday, February 28, 2023

A - L - 6-6:45pm

M - Z - 7-7:45pm

Spencer Trail welcomes you to come explore our school, connect with staff and begin the registration process for your incoming Kindergartener!

This is for parents only. No children please.







# SNAPSHOT OF NLSO 122 PTO FEBRUARY 2023



## STAY CONNECTED WITH US



## CURRENT FUNDRAISERS

AUNTIE ANNE'S & TCBY TAKE HOME KITS  
HEARTWOOD CRAFTS SPRING DIY  
READ-A-THON REGISTRATION

## COMING SOON

Read-A-THON  
Dine & Donate @ EL BURRITO LOCO  
Daddy/Daughter Dance  
Graduation Signs

## OPEN BOARD POSITIONS APRIL ELECTION

President, Vice President, Secretary,  
Correspondence Secretary



Made with PosterMyWall.com

## SAVE THE DATE

Saturday, February 11th

11:00 AM TO 1:00 PM

FAMILY BINGO

@ SPENCER POINTE/SPENCER CROSSING

Monday, February 13th

11:00 AM TO 8:00 PM

Dine & Donate

@ OY'S THAI CUISINE

Thursday, February 16th

9:30 AM

PTO MEETING

@ LIBERTY JR. HIGH

February 17th, 18th, 19th or 20th

AUNTIE ANNE'S & TCBY TAKE HOME KIT PICK-UP

@TCBY NEW LENOX

## MYSTERY READERS

JOIN US THURSDAY, FEBRUARY 16TH  
THROUGH SUNDAY, MARCH 6TH FOR OUR  
READ-A-THON MYSTERY READERS.  
CLUES WILL BE GIVEN EVERY MORNING &  
THE MYSTERY READER WILL BE REVEALED  
THAT EVENING ON:

PTO FACEBOOK PAGE, PTO WEBSITE, AND  
GET MOVIN'S FUND HUB

[WWW.NEWLENOXPTO.ORG](http://WWW.NEWLENOXPTO.ORG)



NLSD 122  
PTO PRESENTS

# BINGO

family  
style

SATURDAY, FEBRUARY 11th  
11:00 AM - 1:00 PM

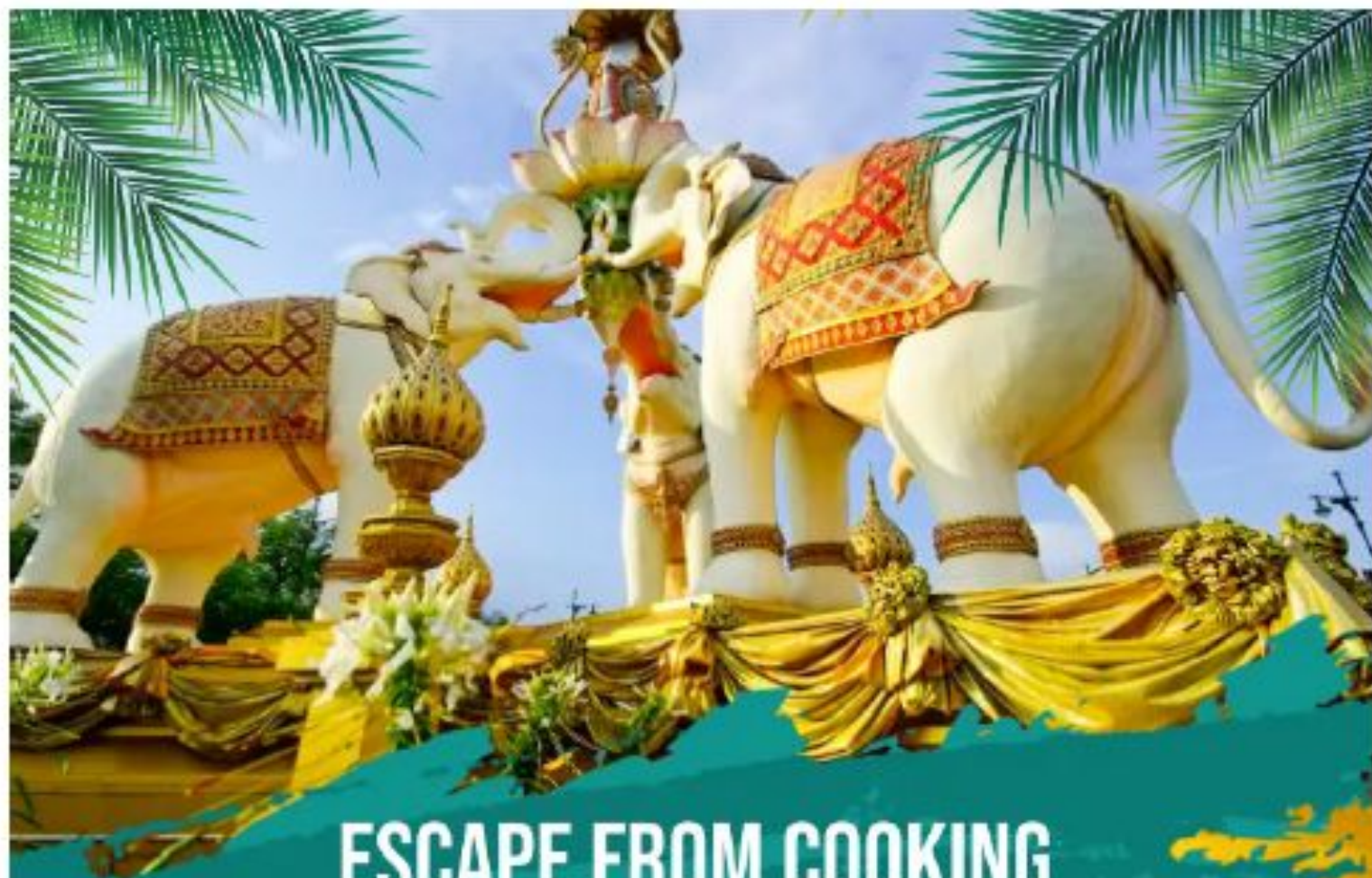
SPENCER POINTE/SPENCER CROSSING

TEACHER/STAFF BINGO CALLERS  
50/50 RAFFLE  
RAFFLE BASKETS  
CONCESSIONS

FREE ENTRY & GAME PLAY  
\*EVENT CAN ACCOMMODATE  
950 PARTICIPANTS

[www.newlenoxpto.org](http://www.newlenoxpto.org)





ESCAPE FROM COOKING  
DINE AND DONATE WITH

*oy's thai cuisine*

1880 E. LINCOLN HIGHWAY

MONDAY, FEBRUARY 13TH

11:00 AM TO 8:00 PM

PLEASE MENTION NLSD 122 PTO  
AT THE TIME OF SERVICE

Made with PosterMyWall.com







TAKE HOME KITS (\$20)

Ordering Closes: Tuesday, February 14<sup>th</sup>

Each kit comes with the ingredients to make dough for 10 pretzels.  
Salted, Cinnamon or Plain

DIPS ARE \$1.00 EACH  
CHEDDAR CHEESE    SWEET GLAZE  
HOT SALSA    HONEY MUSTARD

Pickup Dates: February 17<sup>th</sup> through February 20<sup>th</sup>  
@TCBY NEW LENOX  
2356 E Lincoln Hwy  
815-687-8229

Online Ordering:



<https://auntie-anne-s-diy-kits.cheddarup.com>

Interested in booking our food trucks? Email us: [chi.pretzels@gmail.com](mailto:chi.pretzels@gmail.com)  
Find us on facebook! [www.pretzeltruck.org](http://www.pretzeltruck.org)





## TAKE HOME KITS (\$20)

Ordering Closes: Tuesday, February 14<sup>th</sup>

### FLAVORS (pick 4)

CHOCOLATE	VANILLA
TWIST	STRAWBERRY
CAKE BATTER	ORANGE SORBET
COOKIES & CREAM	

### TOPPINGS (pick 4)

STRAWBERRY BOBA	GUMMY BEARS
COOKIE DOUGH	GUMMY WORMS
REESE'S PB CUP	OREOS
MINI M & M'S	BROWNIES
RAINBOW SPRINKLES	CHEESECAKE

Pickup Dates: February 17<sup>th</sup> through February 20<sup>th</sup>

@TCBY NEW LENOX

2356 E Lincoln Hwy

815-687-8229

Online Ordering:



<https://tcby-diy-kits.cheddarup.com>

Interested in booking our soft serve food truck?

Email us: [tcbynewlenox@gmail.com](mailto:tcbynewlenox@gmail.com)

# HEARTWOOD CRAFTS

DIY projects to support NLSD122



## PRICING & OPTIONS

- Crate with one insert set and all supplies = \$37
- Additional insert set and all supplies = \$18

Order through the app or on line.

<https://nlsd122-diy-fundraiser-copy-77169.cheddarup.com>

*\*All orders must be placed by February 17th or while supplies last\**







# NEW LENOX SCHOOL DISTRICT 122 PTO PRESENTS

## A READING ADVENTURE

A READ-A-THON IS AN EVENT THAT ENCOURAGES STUDENTS TO BECOME BETTER READERS AND LEARNERS BY DEVELOPING A LOVE OF READING. IT IS ALSO A FUNDRAISER FOR OUR SCHOOLS. STUDENTS WILL HAVE 20 DAYS TO READ AS MUCH AS POSSIBLE AND COLLECT DONATIONS FROM SPONSORS.



**REGISTER TODAY**

Parent Registration Link:  
[GETMOVINFUNDHUB.COM](http://GETMOVINFUNDHUB.COM)

School Identifier Code: 6387948dba42e

**SHARE STUDENT'S PAGE ON SOCIAL MEDIA**

**SCAN TO GET  
STARTED**

**SEND 10-15 EMAILS/TEXT MESSAGES**

**WATCH 18**

**MYSTERY READER VIDEOS**

View on Facebook, PTO Website or Get Movin'

**REGISTER  
STARTING  
THURSDAY,  
FEBRUARY 16TH**

**REACH INDIVIDUAL**

**FUNDRAISING GOALS**

Chicago Wolves Ticket  
Restaurant Voucher  
• Top Winners

**REACH DISTRICT WIDE**

**FUNDRAISING GOAL**

Incentives for Every \$10,000 Raised

**COLLECT ALL DONATIONS**

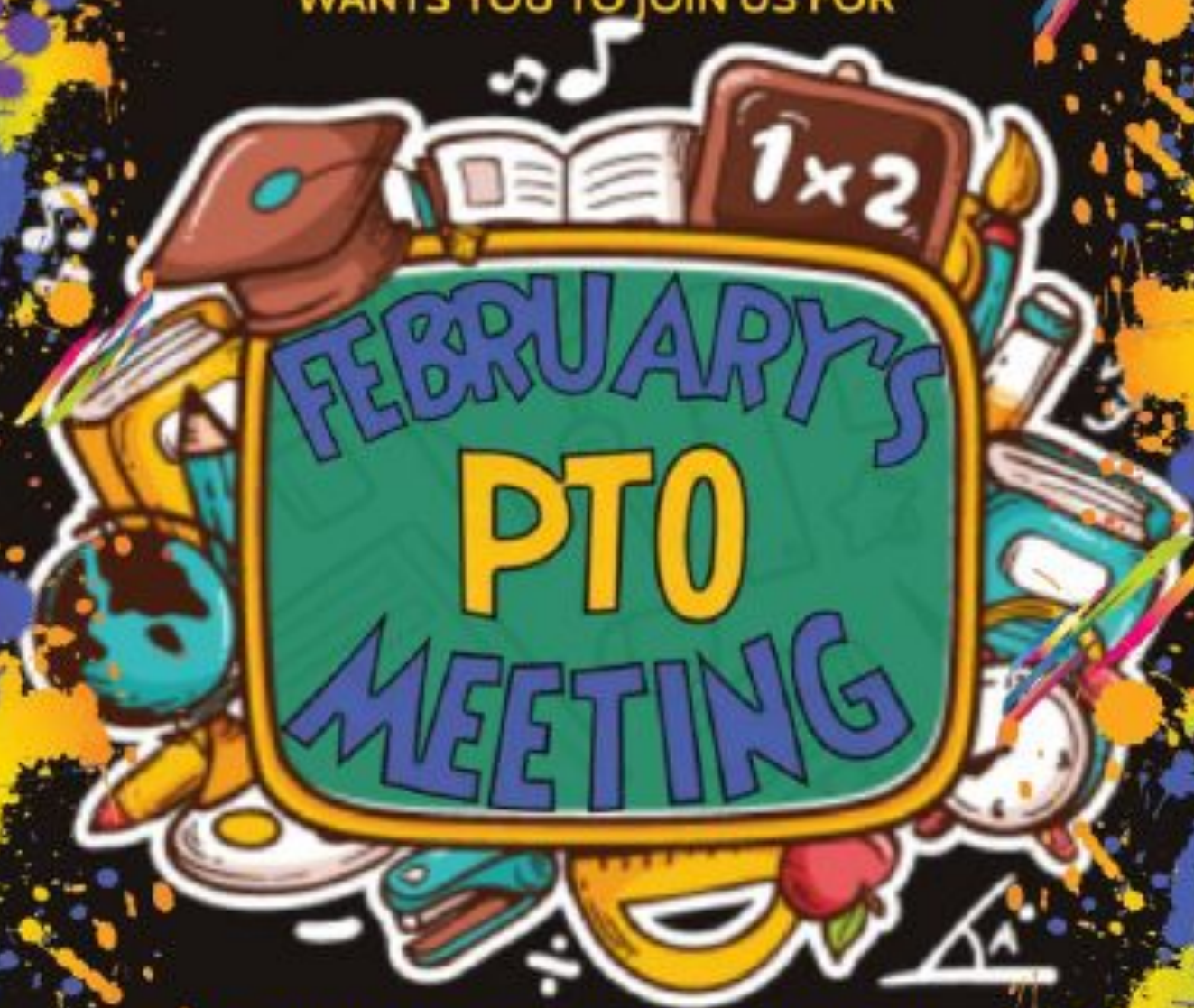
**BY MARCH 7TH**

QUESTIONS?

[nlsd122readathon@gmail.com](mailto:nlsd122readathon@gmail.com)



NEW LENOX SCHOOL DISTRICT 122 PTO  
WANTS YOU TO JOIN US FOR



THURSDAY, FEBRUARY 16th  
9:30 AM

LIBERTY JUNIOR HIGH  
151 Lenox Street

SCHOOL SPOTLIGHT:  
LIBERTY JUNIOR HIGH



Made with PosterMyWise.com

[www.newlenoxpto.org](http://www.newlenoxpto.org)