



OAKVIEW NEWS



FEBRUARY 2024

**Ms. Theresa
Baumann
Principal**

**Mrs. Charissa
Swiech
Asst. Principal**

**Office Hours
6:45 - 3:30**

**Phone
Number:
815-485-2125**

**Feb. Lunch
Menu
Lunch Menu**

**Office Hours
6:45 - 3:30**

**Phone
Number:
815-485-2125**

**District
Website:
<http://www.nlsd122.org>**

**School
Website:
[Oster-Oakview School](http://Oster-OakviewSchool.org)**

A NOTE FROM OUR PRINCIPAL

Hello Oster-Oakview families!

We are looking forward to a great February and a month of kindness! As a school we try to be kind everyday, but it is nice to have a month dedicated to kind acts and thoughts. Be sure to check out the flyer to see what our focus will be throughout the month! Don't forget that the PTO is hosting the Bingo event on February 23rd. There will be some Oakview sweatshirts and swag in the raffle basket from Oakview, so be sure to check out the raffles too!

Our school has adopted The "I Love U Guys" Foundation's Standard Response Protocol (SRP). Students and staff will be training, practicing, and drilling the protocol. Please see the attached flyer for more details.

Thank you,
Ms. Baumann

Are YOU smarter than an Oakview Student?

Here are some fun trivia questions that your children should know the answer to:

1) Put the following numbers in order:
0.5, 0.66, 0.6

2) Which is the series of events in a story?
Plot, Title, or Setting

Social Work Updates...

Hello Oakview Families!

Welcome to February and Random Acts of Kindness Week February 11-17th. We will be doing a variety of kindness activities throughout the month of February. Please see the calendar linked below from the Random Acts of Kindness Foundation if you are looking for ideas of how to spread kindness!

A great way to practice Kindness to yourself and with your students is to take a social media/screen break! Challenge your home to put down the phones and be present! Remember, if social media and screens are causing concerns, take a break! Be kind to your mind!

We will continue our monthly Character Education during February and will focus on Re-thinking a problem (4th grade), Stress (5th Grade), and how to be an Upstander (6th grade).

We completed our Erin's Law presentations in January. Please feel free to reach out with any questions or concerns that your student may have shared with you.

As always, have a wonderful month!
Marie Goulet, LCSW

[Random Acts of Kindness Calendar](#)

make kindness the norm.

SAY ONLY POSITIVE THINGS TAKE SOME TIME FOR YOURSELF
BE CONFIDENT LEAVE A POSITIVE HANDWRITTEN NOTE FOR A COWORKER START USING A REUSABLE WATER BOTTLE
LOVE YOURSELF DON'T COMPLAIN FOR 24 HOURS TAKE A DEEP BREATH
REMAIN TRUE OFFER TO HELP SOMEONE IN NEED **SMILE**
ASK A COWORKER HOW THEY ARE DOING (AND REALLY LISTEN TO THEIR ANSWER)
COMPLIMENT SOMEONE TRY TO BE TRULY PRESENT WITH OTHERS **PRACTICE PATIENCE**
LEAVE NOTES WITH POSITIVE MESSAGES AROUND THE OFFICE OFFER A LISTENING EAR TO SOMEONE WHO IS STRUGGLING
BELIEVE IN YOURSELF
FIND A DIFFERENT AREA IN YOUR OFFICE TO WORK FROM
STAND UP FOR A COLLEAGUE SHARE SOME GOOD ADVICE
TIDY UP THE SHARED KITCHEN AREA LIST 5 OF YOUR STRENGTHS **BE GRATEFUL**
ASSUME THE BEST IN EVERYONE TREAT A COWORKER TO COFFEE FOLLOW A 10-MINUTE STRETCHING ROUTINE
EXERCISE SHOW ENTHUSIASM ABOUT WHAT YOU DO MAKE SURE EVERYONE IS INCLUDED
GIVE SOMEONE YOUR VOTE OF CONFIDENCE
OWN UP TO A MISTAKE YOU'VE MADE TAKE TIME TO LISTEN TO SOMEONE ELSE'S IDEAS
TAKE A WALK DURING YOUR LUNCH BREAK RELAY AN OVERHEARD COMPLIMENT TO SOMEONE RESPOND TO EMAILS IN A TIMELY FASHION
START AND END THE DAY WITH POSITIVE INTENTIONS INTRODUCE YOURSELF TO SOMEONE NEW AT THE OFFICE
COMPLETE A TASK YOU'VE BEEN PUTTING OFF EXPLORE A NEW PLACE FOR LUNCH GIVE A CUSTOMER A BIG SMILE PICK UP LITTER
BE INCLUSIVE OF OTHERS

Nurse's Notes:



Here is a good sheet to refer to for students with injuries needing ice or heat. At this age, many kids want ice for various reasons, see which works best!!

HEAT Or ICE

What does it do?

Heat therapy opens blood vessels, which increases blood flow, relaxes muscles and helps alleviate pain.

When to use it?

Heat is a great way to help loosen up stiff joints and tight muscles, it is also a good method of pain relief for tension headaches and other chronic conditions. Always wait 48-72 hrs after an injury before considering heat therapy. When in doubt use ice.

Safety Tips

- Treat for no longer than 20 minutes at a time.
- Do not lie on a hot pack to avoid falling asleep and potentially burning yourself.
- Do not use heat if you have no feeling in the affected body part.
- NEVER use heat if there is **swelling** or bruising.
- Do not apply heat directly to the skin, use a thin towel.
- Do not use heat if you have poor circulation, such as if you have diabetes.
- Wait 1 hour between heat treatments.

What does it do?

Cold therapy slows down the blood flow to an injury, which reduces swelling, inflammation and pain.

When to use it?

Ice should be used right after an injury or after activity that aggravates a chronic condition. Ice is good for migraine headaches, bumps, sprains and strains that may occur with sports, slips & falls or lifting. Cold therapy is also beneficial for minor burns by applying cold water from the faucet. **When in doubt use ICE!**

Safety Tips

- Treat for no longer than 20 minutes at a time.
- During treatment, check skin every 5 minutes to make sure there is no damage, such as a freeze burn (skin would become reddened or blistered, just as when burned with heat).
- Do not place ice or packs directly on the skin, use a thin towel.
- Wait 1 hour between cold treatments.

YEARBOOK Sales are Happening Now!!!

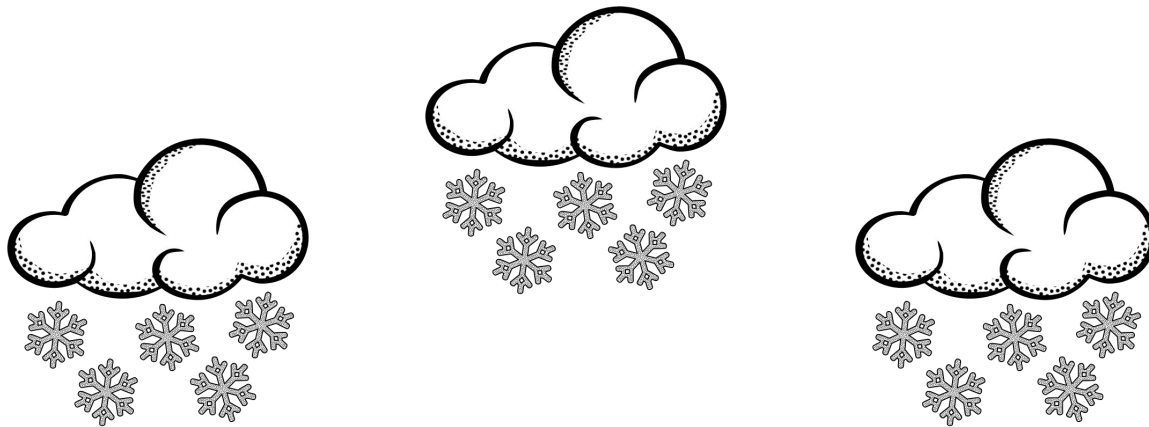
All orders will be online, please **do not** send money into school.

Click here to purchase [Oakview Yearbook](#)

Cost is \$15

All Orders are due by April 10th 2024.

We Do Not purchase additional yearbooks



Lines from the LRC

In February we will be discussing how to evaluate how credible websites are. In today's digital age, students are constantly bombarded with information from various online sources. With the abundance of content available at their fingertips, it's crucial for students to develop the skill of evaluating website credibility. I hope this skill set not only empowers them to make informed decisions but also prepares them for the challenges of the digital world.

Happy Reading,
Mrs. Lasak

Hello Oster-Oakview Family and Friends,

In February, we will be finishing our volleyball unit as we will be in actual volleyball gameplay. After that, there are 2 mini units that we will participate in. The first unit is our DrumFit unit! DrumFIT is a cardio-based drumming program that combines physical activity with brain fitness, resulting in the most fun students can have while increasing their overall wellbeing. Students grab drumsticks, and drum away to amazing music all while incorporating brain fitness activities that are fun!

Towards the end of the month, The students will be learning some line dances. The 4 line dances are dances that are very popular and played at a lot of social events and now be able to perform at those different events as they get older!

Go Eagles!

Mr. Kman





New Lenox School District 122

102 South Cedar Road, New Lenox, Illinois 60451

Phone 815-485-2169 Fax 815-485-2236

Lori R. Motsch, Ed.D., Superintendent

Illinois 5Essentials Survey

Beginning **January 23**, students and teachers across Illinois will have an opportunity to participate in the eleventh annual statewide Illinois 5Essentials Survey. This survey is designed to generate a detailed picture of the inner workings of your child's school. As a parent, this opportunity will allow you to share your thoughts on the important elements of school effectiveness in a survey about your child's school.

On behalf of the Illinois State Board of Education, the Illinois 5Essentials Survey will be administered online by UChicago Impact at the University of Chicago. The survey gathers data related to five indicators that can predict important student outcomes, including improved attendance and larger test score gains. These five indicators that affect and predict school success are:

- Effective Leaders
- Collaborative Teachers
- Involved Families
- Supportive Environments
- Ambitious Instruction

Prior research in more than 400 schools has shown that schools that were strong on at least three of these "5Essentials" indicators were 10 times more likely to improve student learning gains in math and reading than those that were weak on three or more Essentials.

All teachers and **4th through 8th grade students** will be responding to this survey. 5Essentials Reports will be generated for schools if their teachers and/or students meet the response rate threshold of 50 percent. These reports will be sent to schools and districts in May 2024 and will also be included in the State School Report Card.

Additionally, your district has chosen to provide the optional Parent survey supplement. If at least 20 percent of parents complete this survey, a parent supplement report will also be generated. The parent data will not be reported on the State Report Card.

Your participation in the parent portion of the survey will help us understand the conditions at your child's school and guide improvement. Your identity and survey responses will be kept completely confidential and will never be connected to you or your child.

The Illinois 5Essentials Survey for students and teachers will be conducted January 23, 2024 through March 29, 2024. The Parent Survey Supplement will be conducted during that same timeframe. To take the survey please visit <https://survey.5-essentials.org/Illinois/> and select the appropriate survey to begin.

For more information about the Illinois 5Essentials Survey, or to view previous years' Reports, please visit <https://www.5-essentials.org/Illinois>. If you have any questions or concerns, please contact UChicago Impact Client Services at 1-866-440-1874 or impact-surveys@uchicago.edu.

Preschool Screenings

New Lenox School District will be screening children from ages three to five in the areas of motor, cognitive, and speech/language development. Early childhood educators will present "game like" activities to your child which assess various development skills. All preschoolers who reside in our district are eligible to attend free of charge. This is a preschool screening, **not** a kindergarten readiness screening. This year the screenings will be held at Cherry Hill Elementary and Early Childhood Center.

2024 Screening Dates

March 8th May 10th

Call Cherry Hill School at
815-462-7831 to schedule an
appointment.

ACES

Our district is partnering with the New Lenox Park District ACES program. This program takes place at Oakview School to provide after school care. For more information, call 815-485-3584 or click [ACES](#)

Outdoor Recess Guidelines

Weather permitting, all children go out for recess. Be sure your child has all proper clothing for the outdoors. The fresh air and exercise are important for the children. We have indoor recess whenever the following happens:

- The temperature/wind chill is below 15 degrees
- The snow is extremely wet
- We are unable to clear the snow



BeSure Consulting

Training for Law Enforcement,
Schools, Parents and Children

630.461.0044

richwistocki@besureconsulting.com
www.besureconsulting.com

Parents,

February is the month for three safety videos; The Exit Plan & 3P test (11), What evidence do I give to the Police (12), and Snapchat (13). Attached is the parent login information for Be Sure Consulting for Cyber Safe Schools. If you would like to watch the student videos with your child, please see the following login information. We will not be showing the student videos at school.

Parent login:

URL: vimeo.com/showcase/nlsp

Password: NLSP623!

Student login:

URL: vimeo.com/showcase/nlss

Password: NLSS876!

Signing Out Procedures

If you are picking up your child early, please call the office in advance making us aware at 815-485-2125. When coming to pick up your child during the school day, for any reason, please bring your photo ID. You will be buzzed into our foyer and then buzzed into the office to have your ID scanned. At that point you will sign your child out on the IPAD.



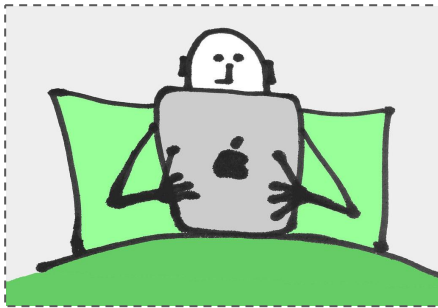
Dropping off Items

When dropping off items during school hours, (lunches, backpacks, homework, iPads, etc.) please leave items on the table in the vestibule. Use the post-its that are on the table to put their name on the item. We will continually check the table throughout the day.



Attendance

If your child will be absent from school, you're required to call the office by 8am at (815) 485-2125 to report the absence. This is a 24 hour line, so you can call any time. Please leave a message if calling after hours.



Technology Help

If your student is having trouble with technology, please create a "support ticket" by going to the New Lenox School District Website (see link) and follow the steps:

- <https://www.nlsd122.org/c/index.php/departments/technology/technology-help>

	LUNCH	RECESS
GRADE 6	10:55 - 11:15	11:15 - 11:30
GRADE 5	11:35 - 11:55	11:55 - 12:10
GRADE 4	12:10 - 12:30	12:30 - 12:45





STANDARD RESPONSE PROTOCOL

INFORMATION FOR PARENTS AND GUARDIANS

Our school has adopted The "I Love U Guys" Foundation's Standard Response Protocol (SRP). Students and staff will be training, practicing, and drilling the protocol.

COMMON LANGUAGE

The Standard Response Protocol (SRP) is based on an all-hazards approach as opposed to individual scenarios. Like the Incident Command System (ICS), SRP utilizes clear common language while allowing for flexibility in protocol.

The premise is simple - there are five specific actions that can be performed during an incident. When communicating these, the action is labeled with a "Term of Art" and is then followed by a "Directive." Execution of the action is performed by active participants, including students, staff, teachers and first responders. The SRP is based on the following actions: Hold, Secure, Lockdown, Evacuate, and Shelter.

HOLD

"In Your Classroom or Area"

Students are trained to:

- Clear the hallways and remain in their area or room until the "All Clear" is announced
- Do business as usual

Adults and staff are trained to:

- Close and lock the door
- Account for students and adults
- Do business as usual



SECURE

"Get Inside. Lock outside doors"

Students are trained to:

- Return to inside of building
- Do business as usual

Adults and staff are trained to:

- Bring everyone indoors
- Lock the outside doors
- Increase situational awareness
- Account for students and adults
- Do business as usual



LOCKDOWN

"Locks, Lights, Out of Sight"

Students are trained to:

- Move away from sight
- Maintain silence
- Do not open the door

Adults and staff are trained to:

- Recover students from hallway if possible
- Lock the classroom door
- Turn out the lights
- Move away from sight
- Maintain silence
- Do not open the door
- Prepare to evade or defend



EVACUATE

"To a Location"

Students are trained to:

- Leave stuff behind if required to
- If possible, bring their phone
- Follow instructions

Adults and staff are trained to:

- Bring roll sheet and Go Bag (unless instructed not to bring anything with them, dependent on reason for evacuation.)
- Lead students to Evacuation location
- Account for students and adults
- Report injuries or problems using Red Card/Green Card method.



SHELTER

"State Hazard and Safety Strategy"

Hazards might include:

- Tornado
- Hazmat
- Earthquake
- Tsunami

Safety Strategies might include:

- Evacuate to shelter area
- Seal the room
- Drop, cover and hold
- Get to high ground

Students are trained in:

- Appropriate Hazards and Safety Strategies

Adults and staff are trained in:

- Appropriate Hazards and Safety Strategies
- Accounting for students and adults
- Report injuries or problems using Red Card/Green Card method.





STANDARD RESPONSE PROTOCOL

PARENT GUIDANCE

In the event of a live incident, parents may have questions about their role.

SECURE

"Get Inside. Lock outside doors"



Secure is called when there is something dangerous outside of the building. Students and staff are brought into the building and the outside doors will be locked. The school might display the Building is Secured poster on entry doors or nearby windows. Inside, it will be business as usual.

SHOULD PARENTS COME TO THE SCHOOL DURING A SECURE EVENT?

Probably not. Every effort is made to conduct classes as normal during a secure event. Additionally, parents may be asked to stay outside during a Secure event.

WHAT IF PARENTS NEED TO PICK UP THEIR STUDENT?

Depending on the situation, it may not be safe to release the student. As the situation evolves, Secure might change to a Monitored Entry and/or Controlled Release.

WILL PARENTS BE NOTIFIED WHEN A SCHOOL GOES INTO SECURE?

When a secure event is brief or the hazard is non-violent, like a wild animal on the playground, there may not be a need to notify parents while the Secure is in place.

With longer or more dangerous events, the school should notify parents that the school has increased their security.

LOCKDOWN

"Locks, Lights, Out of Sight"



A Lockdown is called when there is something dangerous inside of the building. Students and staff are trained to enter or remain in a room that can be locked, and maintain silence.

A Lockdown is only initiated when there is an active threat inside or very close to the building.

SHOULD PARENTS COME TO THE SCHOOL DURING A LOCKDOWN?

The natural inclination for parents is to go to the school during a Lockdown. Understandable, but perhaps problematic. If there is a threat inside the building, law enforcement will be responding. It is unlikely that parents will be granted access to the building or even the campus. If parents are already in the school, they will be instructed to Lockdown as well.

SHOULD PARENTS TEXT THEIR STUDENTS?

The school recognizes the importance of communication between parents and students during a Lockdown event. Parents should be aware though, during the initial period of a Lockdown, it may not be safe for students to text their parents. As the situation resolves, students may be asked to update their parents on a regular basis.

In some cases, students may be evacuated and transported off-site for a student-parent reunification.

WHAT ABOUT UNANNOUNCED DRILLS?

The school may conduct unscheduled drills, however it is highly discouraged to conduct one without announcing that it is a drill. That's called an unannounced drill and can cause undue concern and stress.

Parents should recognize that the school will always inform students that it is a drill during the initial announcement.

It's important to differentiate between a **drill** and an exercise. A drill is used to create the "Muscle Memory" associated with a practiced action. There is no simulation of an event; this is simply performing the action. An exercise simulates an actual event to test the capacity of personnel and equipment.



Kindergarten

Information Night

Tuesday, February 28, 2024

A - L - 6-6:45pm

M - Z - 7-7:45pm

Spencer Trail welcomes you to come explore our school, connect with staff and begin the registration process for your incoming Kindergartener!

This is for parents only. No children please.



NEW LENOX POLICE DEPARTMENT



Sixteenth Annual “Cops Care Food Drive” February 20th-March 22nd 2024

List of items the Food Pantry needs:

Coffee/Tea	Salad Dressings
Breakfast Drinks	Mayonnaise
Orange/Fruit Juice	BBQ Sauce
Cereal	Peanut Butter
Oatmeal	Jelly/Jam
Pasta (No Spaghetti)	Flour
Rice	Sugar
Instant Potatoes	Evaporated Milk
Refried Beans	Baking Soda/Powder
Seasoning/Spices	Corn Starch

Food donation drop off locations:

New Lenox Police Department
(200 Veterans Pkwy)

New Lenox Village Hall
(1 Veterans Pkwy)

New Lenox School District #122

OAKVIEW—TCBY DAY

February 29th, 2024

We will be offering TCBY to students who are interested in purchasing a refreshing treat for February 29th, Thursday. Please **circle one flavor** from below. The cost is \$5 per serving. One serving per student. Students can not purchase on the day of the event. Return this form with payment by Feb. 23rd. *These are not guaranteed to be nut free.*



Chocolate/Vanilla Swirl
(gluten free)



Cookies & Cream



CIRCLE ONE FLAVOR

Orange Sorbet
(gluten/dairy free)



Cake Batter
(gluten free)



Student name: _____

Teacher Name: _____

Parent Signature: _____

Cash: _____

Check #: _____



NLSD 122 IS HIRING!

**INTERESTED IN WORKING IN THE
BUILDING YOUR CHILD
ATTENDS? DO YOU NEED TO
WORK THE HOURS YOUR CHILD
IS IN SCHOOL? IF SO, APPLY
NOW TO BE A
PARAPROFESSIONAL!**

With a short-term approval,
paraprofessionals need only to be
19 years of age with a high
school diploma (or equivalent), or
higher. This approval is available
now until June 30, 2025.

Interested applicants can apply
on our website linked [HERE](#).

