



# "Coughing sound"





The "k" sound comes from my throat, like a cough.



I sound like a baby saying "goo-goo ga-ga" when I make the "q" sound.

# Help me practice making the "K" and "G" sounds!

- ☐ My mouth is open.
- ☐ My tongue is high in the back and low in the front, like a slide.
- ☐ The sound comes from my throat, just like it does when coughing or gargling.
- ☐ My voice is turned off when I make the "K" sound. My voice is turned on when I make the "G" sound.

## Something doesn't sound quite right...

It takes time to break old habits and develop a perfect sound! Consider these tips:



When "k" sounds like "t" and "g" sounds like "d" The tongue is not correctly raised in the back. To encourage

contact in the correct position, have the child prolong the "h" sound and then cough. Or try holding out and "eeee" sound and then swallow – try to keep the voice turned on. It is also helpful to lie flat on the ground (on your back) when trying to make this sound. Gravity will help pull the tongue



#### When "k" sounds like "q"

You're so close! The last correction to make is to turn your voice off. This means that the vocal folds are not vibrating. Try whispering the sound.

When "g" sounds like "k"

You need to turn your voice on. This means that the vocal folds are vibrating. Try shouting the sound

## I can make the sound... Now what?

Practice the words on these lists and then go on a sound hunt. Look at books, food labels, billboards... Everything and anything! Hang a list on the fridge and see how many words you can add! Practice your sound in isolation, then words, phrases, and sentences.

#### Initial /k/ words

## Initial /g/ words

#### Medial /k/ words

key come camp comb kit call chicken biking taco cooking uncle look duck bike neck pick

## Medial /g/ words

go get girl gift game gum sugar eagle tiger yoga doggy

## Final /k/ words

## Final /g/ words

bug dog leg jug fog pig