- 1. Exercises 10x each in the morning and then in the evening with a mirror * coughing with tongue back and "guh" sound with voice
- 2. Sounds: pushing tongue back with tip of child's index finger if needed making a /GUH/ sound like coughing with voice
- 3. Syllables: say each set 1 x in the morning and evening with a mirror

ahGah	ag
eeGah	eeg
ayGay	ag
ohGo	ohg
ooGoo	oog
forgot	log
forgotten	tag
logging	bag
doggy	dog
baggy	rag
rags	sag
sagging	wag
ringing	peg
singing	flag
tagging	swag
	eeGah ayGay ohGo ooGoo forgot forgotten logging doggy baggy rags sagging ringing singing

5. Say the above words in a phrase (2 or 3 words, ex: she gave me etc.) and then say them in a sentence (ex: She gave me a pet dog. etc.)