

10 THINGS

TO HELP YOUR CHILD

GET READY FOR KINDERGARTEN

Spencer Trail - NLSD 122

EXPAND THINKING



HERE ARE SOME IDEAS:

- ★ Ask your child a variety of questions. “What color and shape is that sign?” “Why do cars have wheels?”
- ★ When reading, stop halfway through and ask your child what they think will happen next.
- ★ When your child asks you questions that you may not have the answer to, look up the answer together!

HERE ARE SOME IDEAS:

- ★ Snuggle with your child when they are upset and ask how they feel and listen to the answer.
- ★ When reading or watching TV ask questions like, “Why do you think the boy is crying?”
- ★ At bedtime, ask your child to tell you three things that happened that day that made them happy.

TALK ABOUT THOUGHTS & FEELINGS



PRACTICE PATIENCE



HERE ARE SOME IDEAS:

- ★ Play freeze tag.
- ★ Play I Spy, count, or sing songs while waiting.
- ★ Play board games.
- ★ Try a planting project.

HERE ARE SOME IDEAS:

- ★ Color a picture together using only 3 or 4 crayons.
- ★ Play board and card games.
- ★ Share food with one another.

ENCOURAGE SHARING



FOSTER SELF- HELP



HERE ARE SOME IDEAS:

- ★ Practice and let your child dress and undress them self daily.
- ★ Practice zippers and buttons.
- ★ Practice putting on and taking off shoes, coat, and backpack.

HERE ARE SOME IDEAS:

- ★ Draw lines on paper for your child to cut with child scissors.
- ★ Play with play-doh.
- ★ Color with crayons.
- ★ Play tic-tac-toe.

STRENGTHEN HAND MUSCLES



EXPLORE READING



HERE ARE SOME IDEAS:

- ★ Get a library card and try out new books!
- ★ Have your child read “environmental print” such as LEGO, McDonalds, familiar food packages, etc.
- ★ Visit [PBSkids.org](https://www.pbskids.org) or [Starfall.com](https://www.starfall.com) for fun reading games.
- ★ Read something to your child. Every day.

HERE ARE SOME IDEAS:

- ★ Sing and point to the ABCs.
- ★ Count “as high as you can” while passing a ball back and forth.
- ★ Practice writing in sand, shaving cream, bubbles, paint or more!

HAVE FUN LEARNING



INTERACT WITH PEERS



HERE ARE SOME IDEAS:

- ★ Enjoy playtime with neighbors.
- ★ Join reading groups at the library.
- ★ Check out the awesome New Lenox Park District summer brochure.
- ★ Inquire about local girl and boy scout troops.

HERE ARE SOME IDEAS:

- ★ Play on the Spencer Trail playground this summer.
- ★ Have your child tell friends and family members all about their new school.
- ★ Sport your spirit wear! Go Wildcats!

BE EXCITED ABOUT SCHOOL!

