## **Tyler Elementary Running Club**



ATTENTION 3<sup>rd</sup> GRADE STUDENTS! Come have some fun before school by joining the Tyler Elementary Running Club! Here's an opportunity to get together with friends and classmates to participate in running, running games and fitness activities. We will work on developing our cardiovascular endurance so everyone is prepared to participate in our culminating event, a one mile Cross Country Race at Tyler Elementary! In addition to distance running, we will be playing fun games like Indy 500, Run for the Money, and Race to 200 to help develop our cardiovascular endurance.

Who: Third Grade Students

What: Distance running & fun running games

When: Tuesday, April 7<sup>th</sup> – Friday, May 15<sup>th</sup> (Rain or Shine)

- Tuesdays, Wednesdays & Fridays before school at 8:00am\*
- Drop off between 7:50 -8:00 am (Back gym door by playground)
- 6 weeks with a school-wide 1mile race as the culminating event.

Where: Please enter though the gym doors on the back side of the school by the playground

**Why**: Develop our fitness in a fun, social environment

\*If demand is too high, students may be assigned particular days.

\*Student Ambassadors will go to the Student Ambassador club on Fridays

\*In order to train for and participate in our race, regular attendance is expected. If you have a circumstance that keeps you from participating on a certain day, please let me know ahead of time.

**Culminating Event:** Friday, May 15<sup>th</sup> 10:00 am. All Tyler students will head outside to cheer on our Run Club members while they participate in their one-mile race. As an extra bonus, a select few members from each first, second, and third grade class will have an opportunity to represent their class and participate in the race along with our run club members. Additional information regarding our race will be sent home as we get closer to the event.

If you have any questions, please contact Mr. Boersma at: jboersma@nlsd122.org

Please return the bottom portion of this permission slip to Mr. Boersma by Wednesday, March 25 <sup>th</sup>								
DETACH HERE	-	-	-	-	-	-	-	- DETACH HERE
PLEASE RETURN THIS	воттом	1 PORTIC	ON ONLY	TO MR	. BOERS	MA BY V	VEDNESD	AY, 3/25
STUDENT NAME:	HOMEROOM TEACHER:							
PARENT/GUARDIAN:								
	NAME					SIGN	ATURE	
PARENT/GUARDIAN EMAIL	<u>.                                    </u>					CEL	L #:	

PLEASE PRINT CLEARLY AND FILL OUT THE ENTIRE FORM...THANKS!