

Handouts for Parents

Preschool Speech and Language Practice

Easy Ways for Parents to Practice Speech and
Language Skills with Preschool Students



Ways to Practice Speech Sounds with your Preschooler

Practicing good speech sounds with your child is **ESSENTIAL** for progress, and it doesn't have to be difficult to work into your daily routine.

Use these tips to add hundreds of sound repetitions to your child's day.

• **During Meal times**

- Put picture cards on the fridge, pantry door, or on the box of your child's favorite snacks. Have him/her say the word 5 times.

• **In the bathroom**

- Put picture cards on the bathroom mirror. Have him/her say the words 5 times every time s/he washes hands and brushes teeth.

• **In the bedroom**

- Put picture cards on the closet door or dresser drawers. Have him/her say the word 5 times as s/he is getting dressed.

• **During playtime**

- Use the picture cards to play games. "Hide and Seek," "I Spy" and "Simon Says" are favorites.

• **In the car**

- Put picture cards on the back of the seat in front of your child. At each red light see how many times s/he can say the sound correctly.
- Listen to favorite songs and sing the correct speech sound.

• **At bedtime**

- Listen for your child's speech sounds in his/her bedtime story. Have your child say the words.

• **At the store/while running errands**

- Talk with your child in the store. See if s/he can identify items with his/her speech sounds and say them correctly.

Ways to Practice Language Skills with your Preschooler

Children learn language by hearing it and interacting with others using it. Use these tips to encourage and easily facilitate good language habits every day.

• **During Meal times**

- Talk about how the food tastes, smells, feels. Discuss preferences and polite ways to decline non-preferred foods when offered.

• **In the bathroom**

- Identify body parts and talk about what we use them/need them to do.
- Have your child tell you the steps to hand washing or teeth brushing.

• **In the bedroom**

- Discuss the organization of toys and clothes (categories).
- Talk about what clothes are needed for different types of weather.

• **During playtime**

- Turn taking is a social skill students will use their whole lives. Playing games with your child gives them TONS of language skills.

• **In the car**

- Talk about the colors and types of vehicles on the road.
- Identify community helpers and buildings in your neighborhood.

• **At bedtime**

- READ, READ, READ, and more importantly, *ask your child questions* about the bedtime story.

• **At the store/while running errands**

- Talk with your child in the store. See if they can group items.
- Talk about object functions (“What do we use to...” “How can we use this ____ in a different way?” “What do you think this is for?”)

Thank you! 



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