

BENTLEY PRIDE

DECEMBER 2022



<u>Office Staff</u> Jennifer Kennedy - Nurse Nicole Barry - Secretary Cindy Torto - Secretary

Mary Zastro - *Principal* Lindsay Johnson - *Asst. Principal*

<u>Office Information</u> Hours 6:40am-3:15pm Phone 815-485-4451 Fax 815-485-7599

NOTE FROM MRS. ZASTRO

Happy December, Bentley families!

Thank you to our families for taking the time to participate in parent/teacher conferences. Your support means the world to us.

What a busy month we have ahead of us. I hope everyone takes some time to recognize all that we have to be grateful for. I know I'm grateful for our students, staff and families. Thank you for sharing your learners with us. They help to make Bentley School the best place to work and learn. Enjoy your time with your family this season and best wishes for a happy, healthy new year!

Mary Zastro Principal



Keeping Fit in P.E. with Mr. B.



PE NEWS

(URL-UP FIINESS TEST RECORD BREAKERS!

A BIG CONGRATULATIONS goes out to 4th Graders Vince H. & Judy C., 5th Graders Kendall O. & Jared E., and 6th Grader Anthony C. (not pictured). Vince and Judy broke the 4th grade curl up record with scores of 80 and 71 respectively. Kendall and Jared broke the 5th grade and school records with scores of 117 and 93 respectively. Anthony broke the 6th grade record and Jared's new school record by doing 101 curl-ups! We will be doing the fitness tests again in the Spring, so they'll be trying to improve on and defend their records. Great work Judy, Vince, Kendall, Jared, & Anthony! TURKEY BALL & BASKETBALL! Besides finishing up our fitness tests we also played some fun fitness games like "Turkey Ball", and we started our "Basketball" unit. We will continue with our basketball unit in December as well as play some fun "Winter Fitness Games".

THANKS PTO !!!

Thanks to our PTO for the \$500 gift to buy some PE equipment I've been wanting to get Thanks! (Basketballs, Pinnies, Fleece Balls, Hockey Pucks, Hurdles, & Helicopters)

BEING ACTIVE

Students are encouraged to bring in pictures, of themselves or of them and their families, of things they do to stay active outside of school. We will display these pictures on the bulletin board outside of the gym. Let's see those winter pics!





MR. BOERSMA/PE TEACHER jboersma@nlsdl22.org

NOTES FROM ART

4TH GRADE - STUDENTS WILL CONTINUE PRACTICING SHOWING MOVEMENT WITHIN THEIR ARTWORK. THE ARTIST, JEN STARK, WILL BE INTRODUCED. HER USE OF DRIPPING LINES CREATES A SHARP VISUAL EFFECT OF PAINT MOVING ON THE PAGE.

STH GRADE - WE ARE STARTING A BIG UNIT ON ONE-POINT PERSPECTIVE. WE WILL BE STARTING WITH MAKING BASIC SHAPES AND DRAWING LINES FROM EACH SHAPE GOING TO THE VANISH POINT.

6TH GRADE- STUDENT WILL BE WORKING ON A NEW UNIT ALL ABOUT THE ART STYLE OF SURREALISM. ARTWORK WILL BE MADE THAT RESEMBLE DREAM-LIKE IMAGES.





BENTLEY YEARBOOK COVER CONTEST

Congratulations to the following students who won the Bentley Yearbook Cover Contest. Thank you to all of the students who turned in some great entries.

> Front Cover Delaney H.

Back Cover Ellie H. Sophie G. Charlotte M. Vivian D.



NOTES FROM OUR SOCIAL WORKER

As the holidays approach, it is easy to get overwhelmed with all of the extra activities and to do lists, and forget about our self-care. As parents, we often feel the pressure of taking care of everyone and that can put added pressure on us. Our children learn from us and we have an opportunity to set a good example of self-care in front of them and model for them. I am including a link of <u>self-care ideas</u> to help you get started. Even if you only choose one or two, you will feel better equipped for all of the upcoming holiday events.

Wishing all families a happy and healthy holiday season!

Mrs. Adams, Social Worker Ms. Fishbeck, School Social Work Intern





BeSure Consulting Training for Law Enforcement, Schools, Parents and Children

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Parents,

December is the month for two safety videos; How do predators get to your children (7) and Drugs & the Dark Net (8). Attached is the parent login information for Be Sure Consulting for Cyber Safe Schools. If you would like to watch the student videos with your child, please see the following login information. We will not be showing the student videos at school.

Parent login:

URL: vimeo.com/showcase/nlsp Password: NLSP623!

Student login: URL: vimeo.com/showcase/nlss Password: NLSS876!

NOTES FROM OUR NURSE



Breakfast is described as the most important meal of the day. Breakfast not only provides important daily nutrients, but has other benefits as well!

Eating a healthy breakfast is associated with improved cognitive performance (especially memory and concentration), reduced absenteeism, and improved mood! Studies have shown students who eat breakfast had significantly higher math scores than students who skipped or rarely ate breakfast. Insufficient food intake and lack of adequate consumption of fruits, vegetables, or dairy products is associated with lower grades, higher rates of absenteeism, and inability to focus.

While eating any breakfast is better than skipping breakfast altogether, some choices are better than others. A carbohydrate-only breakfast, such as bagels and toast, can give energy for 1-2 hours. A balanced breakfast of protein, fat, & carbs can keep blood sugar levels steady for hours, providing more energy.

Healthy eating in childhood and adolescence is important for proper growth and development and can prevent health problems such as obesity, dental caries (cavities), iron deficiency, and osteoporosis. The Dietary Guidelines for Americans recommend a diet rich in fruits and vegetables, whole grains, and fat-free and low-fat dairy products for everyone over the age of 2 years. Healthy eating is associated with reduced risk for many diseases, including several of the leading causes of death: heart disease, cancer, stroke, and diabetes.

Jennifer Kennedy RN, BSN, PEL-CSN

jkennedy@nlsd122.org

NOTES FROM OUR LRC

This month, my wonderful student Library helpers will be decorating for the season and featuring books from the December holidays. In Library class, I will be book-talking more of the Illinois Children's Choice books. Students will also be doing some fun activities related to reading.

Winter break is a great time to visit the New Lenox Public Library! If you are looking for some good books for your children, here are some websites with recommended books for grades 4-6.

Newbery List with Grade Level Recommendations

<u>Rebecca Caudill Young Readers' Book Award 2023 Nominees</u> (Illinois Children's Choice for grades 4-8)

Illinois Bluestem 2023 Nominees (Illinois Children's Choice for grades 3-5)

ALA/ALSC Notable Children's Books 2022

Have a wonderful break!

Mrs. Drews



Currently reading: The Total Eclipse of Nestor Lopez by Adrianna Cuevas

NOTES FROM STUDENT COUNCIL

Thank you to everyone who donated candy to our collection for our Veterans! We were able to send over 225 bags to the Manteno Veterans Home.

Thank you to everyone who participated in our Hats on for Veterans - we were able to raise over \$225 for Christmas Gifts for our local Vets!



Winter Spirit Week 12/16 - 12/22

Friday - Holiday Colors Day!

6th grade - Red 5th grade - Green 4th grade - White

Monday - 'Twas the Night Before Christmas...

Wear your favorite PJS

Tuesday - You're a mean one ... Mr. Grinch

Come dressed as your favorite Whoville character or wear green



Wednesday - Cozy Winter Wear

Wear your favorite winter hats, fuzzy socks, scarves, and gloves

Thursday - Deck the HALLS

Wear your favorite ugly sweater or red/green colors! Don't forget your favorite holiday headwear (Santa hat, reindeer ears, etc.) & accessories!

Kindness Club & Student Council Winter Collection Drive for Manteno Veterans Homes Thursday, December 1st - Thursday, December 15th

Collection items: Instant Hot Chocolate, Candy Canes, Individual Pies, Hostess or Little Debbie's snack items, and Umbrellas (masculine colors) *Please watch expiration dates on food items



ATTENDANCE

Please call our Bentley office at 815-485-4451 if your student is going to be absent by 8:00 am. If you are leaving a message give

your student's name, reason for absence, homeroom and your name. If we do not receive a call from a parent or guardian we will have our New Lenox Police Department make a wellness check.



PHOTO ID FOR VISITORS

District policy requires us to ask for ID's whenever we have visitors. Please be prepared to show a photo ID or Driver's license, when coming into the building to pick up a student. Your

cooperation in this matter is beneficial to the safety of all staff and students.



LUNCH TIMES

4th Gr. Lunch 10:35-10:50 am Recess 10:50-11:05am 5th Gr. Lunch 11:10-11:25 am Recess 11:25-11:40pm 6th Gr. Lunch 11:45-12:00 pm Recess 12:00-12:15pm

Lunches are now \$3.75 each-they are not free unless a student qualifies for free lunch. Lunch orders will be sent to parents by email or can be ordered on the NLSD122 website under Parents & Students, Lunch program. Orders will be for a 2-week period. Milk can be purchased for .30 each day during lunchtime. Payments can be made through your NLSD122 PowerSchool account.

We are selling ice cream in the lunchroom on Wednesdays for \$1.00.





WINTER ATTIRE

We believe that children benefit from the fresh air and exercise that our recess affords them and that, in fact, their exercise break can help them to be more attentive in the afternoon learning sessions. As cold weather sets in, however, please encourage your child to dress appropriately with

hats, scarves, gloves and boots. If the outside temperature and/or wind chill is 15 degrees or less (according to weather.com), children will be kept indoors for recess.

Fundraiser

BENTLEY FUNDRAISER

We are excited to start a fundraiser that will last into the Spring 2023. Schoolstore.com is a way friends and family can earn money for Bentley while they shop for wrapping paper, magazines, popcorn, cookbooks and more. Shop online at over 400 major merchants for Bentley to earn

a small percentage. Attached is a letter that was sent home with your student explaining this fundraiser.

PILLAR FOR DECEMBER CARING

- · Be Kind
- Be compassionate and show you care
- Express gratitude
- Forgive others
- Help people in need



PILLAR FOR OCTOBER RESPONSIBILITY

Judyta C. Jessica C. Reaghan D. Grady G. Brooke H. Madisyn H. Chase H. Leah K. Eamon L. Emerson L. Gage M. Hunter P. Ellie R. Katie S. Teaghan T. Ben T. Avery W. Ava Z.











Caroline Bently Intermediate School New Lenox IL School ID: 176678

Hello Parents,

This year we are partnering with SchoolStore.com to raise funds for essential tools our students and teachers need to succeed. SchoolStore's program is 100% online so there is no selling or handling of money or products. Your participation is easy with no more than 12 minutes of your time required, and there is a nice prize program available to make this a fun experience.

Here is all you need to do for our program to succeed.

1. Scan the QR code or go to schoolstore.net and sign up using our school ID: **176678**

2. Send form emails inviting family, friends, and co-workers to support your student.

3. Return the Envelope with the Student Prize Code for your child to get their really fun participation prize.



Here are three ways your family, friends, and co-workers can help our school.

1. Make a 100% tax-deductible donation to your child's classroom with the purchase of a CaringForClassrooms.org gift card for your child's teacher to use for classroom supplies and equipment.

Shop online at The Family Book Store for wrapping paper, magazines, popcorn, cookbooks and more. We earn up to 50% of their purchase.
Shop online with over 400 major merchants like Walmart, Kohl's, Best Buy, Disney, and more. We earn a small percentage of their purchase.

With a few minutes of your time, SchoolStore is the easiest and safest way for our teachers and school to earn money for materials to enhance your child's education.

Thank you so very much for your participation. Caroline Bently Intermediate School

December Lunch Menu

					Thu	01	Fri	02
No data found	No data found		No data found		Grilled Cheese Sandwich Applesauce Carrots Lowfat Milk Fat Free Chocolate Milk		Personal Cheese Pizza Celery Sticks Apple Lowfat Milk Fat Free Chocolate Milk	
Mon 05	Tue	06	Wed	07	Thu	08	Fri	09
Mini Pancakes Low Fat Strawberry Banana Yogurt String Cheese Carrots Lowfat Milk Fat Free Chocolate Milk 100% Fruit Punch	All Beef Hot Dog Banana Pickle Chips Lowfat Milk Fat Free Chocolate Milk		Bosco Sticks with Marinara Corn Apple Lowfat Milk Fat Free Chocolate Milk		Chicken Nuggets Broccoli Watermelon Craisins Cornbread Lowfat Milk Fat Free Chocolate Milk		Chicken Tacos Apple Carrots Lowfat Milk Fat Free Chocolate Milk	
Mon 12	Tue	13	Wed	14	Thu	15	Fri	16
Hamburger Apple Carrots Lowfat Milk Fat Free Chocolate Milk	Breaded Chicken Sandwich Banana Cucumbers Lowfat Milk Fat Free Chocolate Milk		Crispy Chicken Garden Salad Cornbread Fat Free Ranch Dres Raisins Lowfat Milk Fat Free Chocolate Milk	ssing	Breaded Chicken Strips Applesauce Wheat Roll Corn Cornbread Fat Free Chocolate Milk Lowfat Milk		Personal Cheese Pizza Orange Wedges Carrots Lowfat Milk Fat Free Chocolate Milk	
Mon 19	Tue	20	Wed	21	Thu	22	Fri	23
Mini Pancakes Low Fat Strawberry Banana Yogurt String Cheese Lowfat Milk Fat Free Chocolate Milk 100% Fruit Punch	Bosco Sticks with Marinara Corn Strawberry Craisins Lowfat Milk Fat Free Chocolate Milk		Chicken Nuggets Applesauce Broccoli Lowfat Milk Fat Free Chocolate Milk		Closed		Closed	
Mon 26	Tue	27	Wed	28	Thu	29	Pri	30











WE'RE DIFFERENT, WE'RE FAMILY

We have been family-owned for 40+ years with a focus on customer service. We specialize in everything auto-related. We can do your tires and alignment, diagnose your check engine light, install a lift kit on your truck or Jeep, and handle your larger vehicles up to Medium Duty F-450. We are your local tire and automotive experts.

HELP YOUR FAVORITE LOCAL CHARITY WIN UP TO \$750!!!!!

Go to <u>https://scottsusave.com/</u> and select New Lenox from the pop-up. From there you will select your favorite charity from the list of three.

WHY SCOTT'S U-SAVE?

- ✓ Outstanding Customer Service
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- √ Woman- and Family-Owned



- ✓ Honest and Reliable Car Care
- ✓ Convenient Hours and Locations
- ✓ Complete Services: Tires, Wheels and All Repairs



Tires • TPMS Light • Brakes • Suspension/Alignments • Exhaust • A/C • Cooling Engine and Transmission Repair • Check Engine Light • Fuel Systems







You are able to choose at what capacity you are able to help based on your schedule, talents, and interests.

The head chair will be in touch with you shortly with more information on the event that interests you.



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NEW LENOX SCHOOL DISTRICT 122 PTO

PRESENTS

BLACK LEVEL SPONSOR \$150

UGI

TABLE SPONSOR SPONSOR NAME WILL BE LISTED AT TABLE THROUGHOUT THE VENUE

RED LEVEL SPONSOR \$350

ARGE SIGN SPONSO

A LARGE BANNER STYLE SIGN LISTED WITH RED LEVEL SPONSORS.

SILVER LEVEL SPONSOR \$500

TABLE SPONSOR, LARGE SIGN SPONSOR & SOCIAL MEDIA SPONSOR ALL OF THE ABOVE AND PROMOTED AS A SPONSOR ON PTO SOCIAL MEDIA

GOLD LEVEL SPONSOR \$700

2 EVENT TICKETS, TABLE SPONSOR, LARGE SIGN SPONSOR & SOCIAL MEDIA SPONSOR ALL OF THE ABOVE PLUS TWO TICKETS (FACE VALUE COST OF \$125 EACH)

FULL HOUSE SPONSOR \$800

ALL OF THE ABOVE PLUS SOLO SOCIAL MEDIA RECOGNITION

GAMING TABLE SPONSOR \$2,500

ALL OF THE ABOVE PLUS INDIVIDUAL LAMINATED SIGNAGE AT 16 GAMING TABLES. (FOUR GAMING TABLE SPONSORS AVAILABLE)

QUESTIONS: NESD122PTOCASINONIGHT@GMAIL.COM

ada:v

NLSD 122 PTO WOULD LIKE TO WISH YOU AND YOUR FAMILIES A VERY HAPPY HOLIDAY SEASON AND A HAPPY AND HEALTHY NEW YEAR.

Ho

WE ARE GRATEFUL FOR ALL OF YOUR SUPPORT AND WE LOOK FORWARD TO CONTINUING TO WORK WITH YOU IN 2023 ON FUN AND EXCITING RETURNING EVENTS/FUNDRAISERS AS WELL AS NEW EVENTS/FUNDRAISERS.

NLSD 122 PTO EXECUTIVE BOARD: NICOLE DEGRAVE, TINA RAUCH, SARAH MEYER, SAMANTHA MALICDEM, JULIA MCKIBBEN, MEGAN WENDTLAND & LAUREN KACZMARSKI Made with PosterMyWall.com