

# BENTLEY PRIDE

# FEBRUARY 2024



Office Staff
Jennifer Kennedy-Nurse
Nicole Barry-Secretary
Cindy Torto-Secretary

Mary Zastro - *Principal*Lindsay Johnson - *Asst. Principal* 

Office Information
Hours 6:40am-3:15pm
Phone 815-485-4451
Fax 815-485-7599

### **NOTE FROM MS. ZASTRO**







Hello, Bentley families!

Happy February! We are excited for our book fair which kicks off on February 5. Parents and family members can shop at our book fair at our Family Night which is on Tuesday, February 6 from 5:00-6:30 pm. We love this opportunity to invite our families into the school to shop at our book fair and to visit some classrooms to enjoy fun activities that the teachers have planned.

I was super proud of the students who participated in our IXL Winter Challenge over the holiday break. This was a fun way to continue to practice skills while not in school and be better prepared for our Terra Nova testing which took place in January. We will be participating in IAR testing in March and another school wide incentive to help review skills will be sent out. Thanks for continuing to support what we do at Bentley School!







Mary Zastro Principal



- 5 Book Fair
- 6 Bentley Family Night 5:00-6:30pm 100th Day of School - Dress like you're 100 years old! Pennies for P.A.W.S ends
- 9 Lincoln-Way Area Special Ed-P.E. Takeover Day in gym classes Spirit Day Rock vs Country
- 14 Wear Red or Pink Love and Kindness
- 16 10:35am Dismissal SIP Day
  Wear Bentley Blue or Kindness shirt for Random Act of Kindness Week
  Yearbook sale ends-Online only
- 19 NO SCHOOL HOLIDAY
- 20 NLSD 122 Board Meeting 6:00pm Cops Care Food Drive begins
- 23 End of trimester 2
  Spirit Day Dress like you're Remote Learning



#### **LUNCH TIMES**

4th Gr. Lunch 10:35-10:50 am Recess 10:50-11:05am 5th Gr. Lunch 11:10-11:25 am Recess 11:25-11:40pm 6th Gr. Lunch 11:45-12:00 pm Recess 12:00-12:15pm

Lunches are \$4.00 Lunch orders will be sent to parents by email or can be ordered on the NLSD122 website under Parents & Students, Lunch program. Orders will be for a 2-week period. Milk can be purchased for .35 each day during lunchtime. Payments can be made through your NLSD122 PowerSchool account.

We are selling ice cream in the lunchroom on Wednesdays for \$1.00.

### **ATTENDANCE**

Please call our Bentley office at 815-485-4451 if your student is going to be absent by 8:00 am. If you are leaving a message give your student's name, reason for absence, homeroom and your name. If we do not receive a call and are unable to reach a parent or guardian we

will have our New Lenox Police Department make a wellness check at your home.

#### **SRP**

Our school has adopted The "I Love U Guys" Foundation's Standard Response Protocol (SRP). Students and staff will be training, practicing, and drilling the protocol. Please see the attached flyer for more details.





Parents.

February is the month for three safety videos; The Exit Plan & 3P test (11), What evidence do I give to the Police (12), and Snapchat (13). Attached is the parent login information for Be Sure Consulting for Cyber Safe Schools. If you would like to watch the student videos with your child, please see the following login information. We will not be showing the student videos at school.

Parent login:

URL: vimeo.com/showcase/nlsp

Password: NLSP623!

Student login:

URL: vimeo.com/showcase/nlss

Password: NLSS876!



#### LWSRA TAKEOVER DAY

On February 9, Lincoln-Way Special Recreation Association will visit our P.E. classes. They will bring out adapted equipment and allow students the opportunity to actively try playing adapted sports such as wheelchair basketball, sit volleyball and goalball.



We will extend the yearbook ordering through February 16th. Below you will find the ordering link for Bentley School. All yearbook orders are online. The yearbook ordering link is also listed on our Bentley School website under Forms.

Yearbook Ordering Link:

https://www.vipis.com/group/ab646e26/caroline-bentley-intermediate-school

# NOTES FROM OUR SOCIAL WORKER

Random Acts of Kindness Week is February 12th-16th.

February 14th- wear red or pink to represent love and kindness February 16th- wear Bentley blue or a kindness shirt to represent Random Acts of Kindness Week

Kindness day encourages us to put kindness first and share it everywhere we go. Everyone needs a little kindness sometimes, and we never know when to expect it. Acts of generosity not only benefit the recipients, but also boost happiness and well-being for the person offering kindness. Be the unexpected gift to someone this week. Talk to your child about ways they can show kindness to others.

# What are the health benefits of kindness?

- Helping others feel good
- A sense of belonging
- Kindness inspires others to be kind
- Kindness makes you happy



# NOTES FROM ART

**6TH GRADe-** Students will be making a mandala out of their first name. Their name will be drawn and repeated around their paper making an example of radial symmetry. They can have a choice to add color with watercolors or colored pencils.

**5TH GRADe-** The art form of printmaking will be used. Relief printmaking will be practiced by gluing yarn on paper, adding black paint turning over, pressing down, and lifting up for a print.

**4TH GRADE-** Abstract sculptures will be created using model magic clay. Simple coils will be made to construct each sculpture. Students will focus more on movement and displaying abstraction in their designs.





#### **NOTES FROM OUR NURSE**

## Sleep Hygiene

It is important for our students to get enough sleep each night. According to The Sleep Foundation, school aged children (9-13 years old) require 9-11 hours of sleep each night. Each child is different and may require more or less sleep than others. Without enough sleep, children may feel irritable, tired, and clumsy. It can also make it hard to focus and pay attention which can affect your school performance! Lack of sleep also can lower your germ fighting immune system. Below are some tips to help you get your ZZZZs!

- Try to go to bed and wake up at the same time every day, even on weekends. This helps your body get into a routine.
- Turn off all devices, including cell phones, at least 1 hour before it's time to sleep.
- Follow a bedtime routine that is calming, such as taking a warm bath or reading.
- Avoid drinks with caffeine, especially in the late afternoon and evening. Coffee, tea, energy drinks, and some sodas have caffeine.
- Don't watch scary videos or movies close to bedtime because these can sometimes make it hard to fall asleep.
- Avoid exercise just before going to bed. Do exercise earlier in the day it helps you sleep better!
- Use your bed just for sleeping not doing homework, reading, playing games, or talking on the phone. That way, you'll train your body to connect your bed with sleep.



## NOTES FROM STUDENT COUNCIL

### **Upcoming Spirit Days:**

Friday, February 9th - Rock vs. Country Friday, February 23rd - Dress like you're Remote Learning



On Tuesday, January 23rd Kindness Club and Student Council teamed up to declare a Penny Wars to raise funds for P.A.W.S. Animal Shelter. We raised over \$2,500.00 for P.A.W.S.

Keeping Fit in P.E. with Mr. B







What's Happening in PE...

- \*This past month we started our floor hockey unit and mixed in some fitness days. As we move into February, we will continue with our floor hockey unit and then move on to jump rope skills.
- \*4th Grade Basketball Club is off to a great start. The 4th graders have been working hard on improving their individual & game skills. As we move into February, we'll begin game play, then finish up with a tournament.
- \*Students are encouraged to bring in pictures of themselves (or of them and their family) being active outside of the school day for our bulletin board.

  Let's see those winter activities!

# Upcoming Clubs

Volleyball Club: T/TH February 22nd - March 21st

\* Volleyball Club information will be available & on the morning announcements February 8th

# PE SHOES

Please remember to wear or pack your PE shoes on PE day.

WHILE QUITE FASHIONABLE, CROCS & SLIDES ARE NOT PE SHOES

MR. BOERSMA/PE TEACHER jboersma@nlsd122.or

#### NOTES FROM OUR LRC

There are three huge events coming to Bentley in the next two months!



### First - Spring Book Fair!

The "Groovy" Scholastic Book Fair will take place February 5-9! All ELA classes will get the chance to preview the book fair on Monday, February 5, and will shop with their ELA classes during their regular Library time. The book fair will also be open during Super Family Night, February 6, from 5:00-6:30. Information has been given to students but can also be accessed at the link below.

Spring Book Fair Information

#### Second - Visit from Author Lindsay Currie!

Lindsay Currie is a Chicago author who writes mysteries and ghost novels for grades 4-8. She will be coming to Bentley the afternoon of March 6 to help us kick off our Battle of the Books program. Students received an order form for her books. If they choose to purchase one (or more), Ms. Currie will autograph them! In addition, her novel *Scritch Scratch* will be part of the Battle of the Books this year! *Scritch Scratch* is a ghost story/mystery that takes place in Chicago. Below are the links to her website and the order forms (one for hardcovers of three of her books and one for *Scritch Scratch* in paperback).

Lindsay Currie's website

Order form for hardcover books (supplied by Anderson's Bookshop, Naperville/Downers Grove)

Order form for Scritch Scratch in paperback

#### Third - The Battle of the Books!

This is our big end-of-the-year reading program!! Students will receive information at the end of February. Look for all of the information and links in the March newsletter.

### 2024 Read-Aloud Challenge

I have been posting different ways you can read to and with your children. I found a great website with a monthly Read-Aloud challenge. Each month has a different theme. January's theme is: "A Funny Book!" What a great way to start off the school year! Below is a link to the challenge and a link to 100 of the Funniest Funny Chapter Books for Kids. (My personal favorite funny authors are Gordon Korman, Carl Hiaasen, and Kate DiCamillo!)

## Family Read-Aloud Challenge

100 of the Funniest Funny Chapter Books for Kids

Happy Valentine's Day!! Mrs. Drews





#### New Lenox School District 122

102 South Cedar Road, New Lenox, Illinois 60451 Phone 815-485-2169 Fax 815-485-2236 Lori R. Motsch, Ed.D., Superintendent



Beginning **January 23**, students and teachers across Illinois will have an opportunity to participate in the eleventh annual statewide Illinois 5Essentials Survey. This survey is designed to generate a detailed picture of the inner workings of your child's school. As a parent, this opportunity will allow you to share your thoughts on the important elements of school effectiveness in a survey about your child's school.

On behalf of the Illinois State Board of Education, the Illinois 5Essentials Survey will be administered online by UChicago Impact at the University of Chicago. The survey gathers data related to five indicators that can predict important student outcomes, including improved attendance and larger test score gains. These five indicators that affect and predict school success are:

- Effective Leaders
- Collaborative Teachers
- Involved Families
- Supportive Environments
- Ambitious Instruction

Prior research in more than 400 schools has shown that schools that were strong on at least three of these "5Essentials" indicators were 10 times more likely to improve student learning gains in math and reading than those that were weak on three or more Essentials.

All teachers and 4<sup>th</sup> through 8<sup>th</sup> grade students will be responding to this survey. 5Essentials Reports will be generated for schools if their teachers and/or students meet the response rate threshold of 50 percent. These reports will be sent to schools and districts in May 2024 and will also be included in the State School Report Card.

Additionally, your district has chosen to provide the optional Parent survey supplement. If at least 20 percent of parents complete this survey, a parent supplement report will also be generated. The parent data will not be reported on the State Report Card.

Your participation in the parent portion of the survey will help us understand the conditions at your child's school and guide improvement. Your identity and survey responses will be kept completely confidential and will never be connected to you or your child.

The Illinois 5Essentials Survey for students and teachers will be conducted January 23, 2024 through March 29, 2024. The Parent Survey Supplement will be conducted during that same timeframe. To take the survey please visit <a href="https://survey.5-essentials.org/Illinois/">https://survey.5-essentials.org/Illinois/</a> and select the appropriate survey to begin.

For more information about the Illinois 5Essentials Survey, or to view previous years' Reports, please visit <a href="https://www.5-essentials.org/illinois">https://www.5-essentials.org/illinois</a>. If you have any questions or concerns, please contact UChicago Impact Client Services at 1-866-440-1874 or impact-surveys@uchicago.edu.



# INFORMATION FOR PARENTS AND GUARDIANS

Our school has adopted The "I Love U Guys" Foundation's Standard Response Protocol (SRP). Students and staff will be training, practicing, and drilling the protocol.

#### COMMON LANGUAGE

The Standard Response Protocol (SRP) is based on an all-hazards approach as opposed to individual scenarios. Like the Incident Command System (ICS), SRP utilizes clear common language while allowing for flexibility in protocol.

The premise is simple - there are five specific actions that can be performed during an incident. When communicating these, the action is labeled with a "Term of Art" and is then followed by a "Directive." Execution of the action is performed by active participants, including students, staff, teachers and first responders. The SRP is based on the following actions: Hold, Secure, Lockdown, Evacuate, and Shelter.

# HOLD

"In Your Classroom or Area"

Students are trained to:

- Clear the hallways and remain in their area or room until the "All Clear" is announced
- Do business as usual

#### Adults and staff are trained to:

- Close and lock the door
- Account for students and adults
- Do business as usual

# SECURE

"Get Inside. Lock outside doors"

Students are trained to:

- Return to inside of building
- Do business as usual

#### Adults and staff are trained to:

- Bring everyone indoors
- Lock the outside doors
- Increase situational awareness
- Account for students and adults
- Do business as usual



# Maintain silence Do not open the door Indation's Adults and staff are trained to:

- Recover students from hallway if possible
- Lock the classroom door

LOCKDOWN

"Locks, Lights, Out of Sight"

**Students** are trained to:

Move away from sight

- Turn out the lights
- Move away from sight
- Maintain silence
- Do not open the door
- Prepare to evade or defend

# **EVACUATE**

"To a Location"

Students are trained to:

- Leave stuff behind if required to
- If possible, bring their phone
- Follow instructions

#### Adults and staff are trained to:

- Bring roll sheet and Go Bag (unless instructed not to bring anything with them, dependent on reason for evacuation.)
- Lead students to Evacuation location
- Account for students and adults
- Report injuries or problems using Red Card/Green Card method.

# SHELTER

"State Hazard and Safety Strategy"



- Tornado
- Hazmat
- Earthquake
- Tsunami

#### Safety Strategies might include:

- Evacuate to shelter area
- Seal the room
- Drop, cover and hold
- Get to high ground

#### Students are trained in:

Appropriate Hazards and Safety Strategies

#### Adults and staff are trained in:

- Appropriate Hazards and Safety Strategies
- Accounting for students and adults
- Report injuries or problems using Red Card/Green Card method.











#### PARENT GUIDANCE

In the event of a live incident, parents may have questions about their role.

# SECURE

"Get Inside. Lock outside doors"



Secure is called when there is something dangerous outside of the building. Students and staff are brought into the building and the outside doors will be locked. The school might display the Building is Secured poster on entry doors or nearby windows. Inside, it will be business as usual.

# SHOULD PARENTS COME TO THE SCHOOL DURING A SECURE EVENT?

Probably not. Every effort is made to conduct classes as normal during a secure event. Additionally, parents may be asked to stay outside during a Secure event.

# WHAT IF PARENTS NEED TO PICK UP THEIR STUDENT?

Depending on the situation, it may not be safe to release the student. As the situation evolves, Secure might change to a Monitored Entry and/or Controlled Release.



# WILL PARENTS BE NOTIFIED WHEN A SCHOOL GOES INTO SECURE?

When a secure event is brief or the hazard is non-violent, like a wild animal on the playground, there may not be a need to notify parents while the Secure is in place.

With longer or more dangerous events, the school should notify parents that the school has increased their security.

# LOCKDOWN

"Locks, Lights, Out of Sight"

A Lockdown is called when there is something dangerous inside of the building. Students and staff are trained to enter or remain in a room that can be locked, and maintain silence.

A Lockdown is only initiated when there is an active threat inside or very close to the building.

# SHOULD PARENTS COME TO THE SCHOOL DURING A LOCKDOWN?

The natural inclination for parents is to go to the school during a Lockdown. Understandable, but perhaps problematic. If there is a threat inside the building, law enforcement will be responding. It is unlikely that parents will be granted access to the building or even the campus. If parents are already in the school, they will be instructed to Lockdown as well.

#### SHOULD PARENTS TEXT THEIR STUDENTS?

The school recognizes the importance of communication between parents and students during a Lockdown event. Parents should be aware though, during the initial period of a Lockdown, it may not be safe for students to text their parents. As the situation resolves, students may be asked to update their parents on a regular basis.

In some cases, students may be evacuated and transported off-site for a student-parent reunification.

# WHAT ABOUT UNANNOUNCED DRILLS?

The school may conduct unscheduled drills, however it is highly discouraged to conduct one without announcing that it as a drill. That's called an unannounced drill and can cause undue concern and stress.

Parents should recognize that the school will always inform students that it is a drill during the initial announcement.



It's important to differentiate between a **drill** and an exercise. A drill is used to create the "Muscle Memory" associated with a practiced action. There is no simulation of an event; this is simply performing the action. An exercise simulates an actual event to test the capacity of personnel and equipment.



# Kindergarten

# Information Night

Wednesday, February 28, 2024

A - L - 6 - 6:45pm

M - Z - 7 - 7:45pm

Spencer Trail welcomes you to come explore our school, connect with staff and begin the registration process for your incoming Kindergartener!

This is for parents only. No children please.



# NEW LENOX POLICE DEPARTMENT



# Sixteenth Annual "Cops Care Food Drive" February 20th-March 22nd 2024

List of items the Food Pantry needs:

Coffee/Tea

Breakfast Drinks

Orange/Fruit Juice

Cereal

Oatmeal

Pasta (No Spaghetti)

Rice

Instant Potatoes

Refried Beans

Seasoning/Spices

Salad Dressings

Mayonnaise

**BBQ Sauce** 

Peanut Butter

Jelly/Jam

Flour

Sugar

**Evaporated Milk** 

Baking Soda/Powder

Corn Starch

# Food donation drop off locations:

New Lenox Police Department (200 Veterans Pkwy)

New Lenox Village Hall (1 Veterans Pkwy)

New Lenox School District #122



# Bentley School - New Lenox Lunch, February 2024



		A USE	Thursday 01	Friday 02
No Menu Available	No Menu Available	No Menu Available	Chicken Tenders Low Sodium Ketchup Corn Strawberry Craisins Fat Free Chocolate Milk Lowfat Milk	Bosco Sticks with Marinara Broccoli Banana Ranch Dressing Fat Free Chocolate Milk Lowfat Milk
Monday 05	Tuesday 06	Wednesday 07	Thursday 08	Friday 09
Mini Pancakes String Cheese Maple Syrup Carrots Applesauce Ranch Dressing Fat Free Chocolate Milk Lowfat Milk	Cheeseburger Low Sodium Ketchup Celery Sticks Watermelon Craisins Ranch Dressing Fat Free Chocolate Milk Lowfat Milk	Grilled Cheese Sandwich Garbanzo Beans Applesauce Fat Free Chocolate Milk Lowfat Milk	Barbecue Sauce Peas	Personal Cheese Pizza Broccoli Banana Ranch Dressing Fat Free Chocolate Milk Lowfat Milk
Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Mini Waffles String Cheese Maple Syrup Carrots Pineapple Tidbits Ranch Dressing Fat Free Chocolate Milk Lowfat Milk	Breaded Chicken Sandwich Barbecue Sauce Celery Sticks Orange Wedges Fat Free Chocolate Milk Lowfat Milk	Cheesy Pull-Apart Marinara Sauce Black Beans Applesauce Fat Free Chocolate Milk Lowfat Milk	Rotini Marinara & Meatballs Steamed Broccoli Strawberry Craisins Fat Free Chocolate Milk Lowfat Milk	Closed
Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Closed	Cocoa Puffs Cereal String Cheese Carrots Ranch Dressing 100% Fruit Punch Fat Free Chocolate Milk Lowfat Milk	All Beef Hot Dog Pretzel Goldfish Crackers Low Sodium Ketchup Garbanzo Beans Apple Fat Free Chocolate Milk Lowfat Milk	Chicken Nuggets Low Sodium Ketchup Peas Applesauce Fat Free Chocolate Milk Lowfat Milk	Bosco Sticks with Marinara Broccoli Banana Ranch Dressing Fat Free Chocolate Milk Lowfat Milk
Monday 26	Tuesday 27	Wednesday 28	Thursday 29	
Chocolate Chip French Toast Maple Syrup String Cheese Carrots Apple Ranch Dressing Fat Free Chocolate Milk Lowfat Milk	Crispy Chicken Garden Salad Goldfish Cheddar Crackers Ranch Dressing Pineapple Tidbits Fat Free Chocolate Milk Lowfat Milk	Cheese Quesadilla Salsa Cup Sour Cream Black Beans Watermelon Craisins Fat Free Chocolate Milk Lowfat Milk	Chicken Tenders Barbecue Sauce Corn Applesauce Fat Free Chocolate Milk Lowfat Milk	No Menu Available

<sup>\*</sup> Consuming raw or under cooked meat, poultry, seafood, shellsh or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subjected to change, notice posted when available, This institution is an equal opportunity provider.